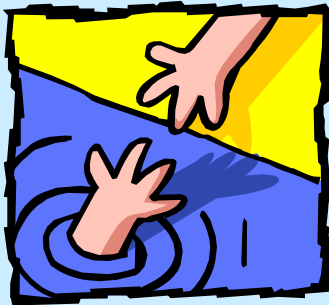


## The Advocacy Project

Problems? Worries? In care  
(or left care) & feel no one  
is listening? Feeling all alone?  
Need help?

Contact "YAP" for  
confidential advice.



## The Advocacy Project

For young people  
receiving services from  
Brighton & Hove Children  
& Young People's Trust

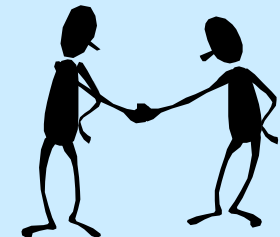
Tel: 01273 295510  
Free phone: 0800 052 4280

11 Queen Square  
Brighton BN1 3FD

Phone: 01273 295510  
Fax: 01273 295529

Or young people can call us on  
Free phone: 0800 052 4280  
[www.bhyap.org.uk](http://www.bhyap.org.uk)

Brighton and Hove  
Children and Young People's  
**TRUST**



## Advocacy... What's That?

Advocacy is about helping you to get your voice heard. It is about helping you to **MAKE AN IMPACT** and be listened to when you feel people haven't been paying attention to you or the problems you are having. It is about helping you get your say in tackling difficulties you are having, or in decisions being made that affect you. The Advocacy Project can help if you are experiencing:

**\*Bullying\***   **\*Problems at school, or in getting a school place\***   **\*Trouble at your foster or children's home\***   **\*Difficulties with your social worker or with other professionals\***   **\*Unhappiness about contact with your family\***   **\*Problems moving from care to independent living\***  
**\*And a whole range of other things!\***



## What Happens Next?

When you contact the Advocacy Project, you stay in control of what happens next. We can give you information about your legal rights (did you know, for instance, that you have the **right** to be heard?), we can give you advice, help you look at your choices and possible solutions to problems you are facing. **We take our instructions from you!** And that means that you can go away and sort things out for yourself, or you can ask us to make some phone calls for you, write some letters with you, go with you to your review meetings, **whatever...** It's up to you.



## Can you trust us?

The Advocacy Project is a **confidential** service, and this means that we don't share any information any child or young person tells us **unless** that young person **asks us to**. We won't talk to your social worker, or your teachers, parents, carers, or anybody else without your permission. The only time we would break this promise is if what you told us was so **scary** that we **had** to tell somebody else - like if you told us that you or other

children were being harmed. The other reason we might have to tell is if we thought somebody might be seriously hurt if we didn't or if the court ordered us to. If you have really **BIG** things like that to talk about, then check out with us first what sorts of information we would or would not have to pass on.

If you want to know more...  
Phone Melanie, Claire, Amy or Susy.  
Or you can write to us at  
the address below.



## "YAP"

Brighton & Hove  
Youth Advocacy & Participation

11 Queen Square  
Brighton BN1 3FD

Phone: 01273 295510

Fax: 01273 295529

Or young people can call us on

Free phone: 0800 052 4280

[www.bhyap.org.uk](http://www.bhyap.org.uk)