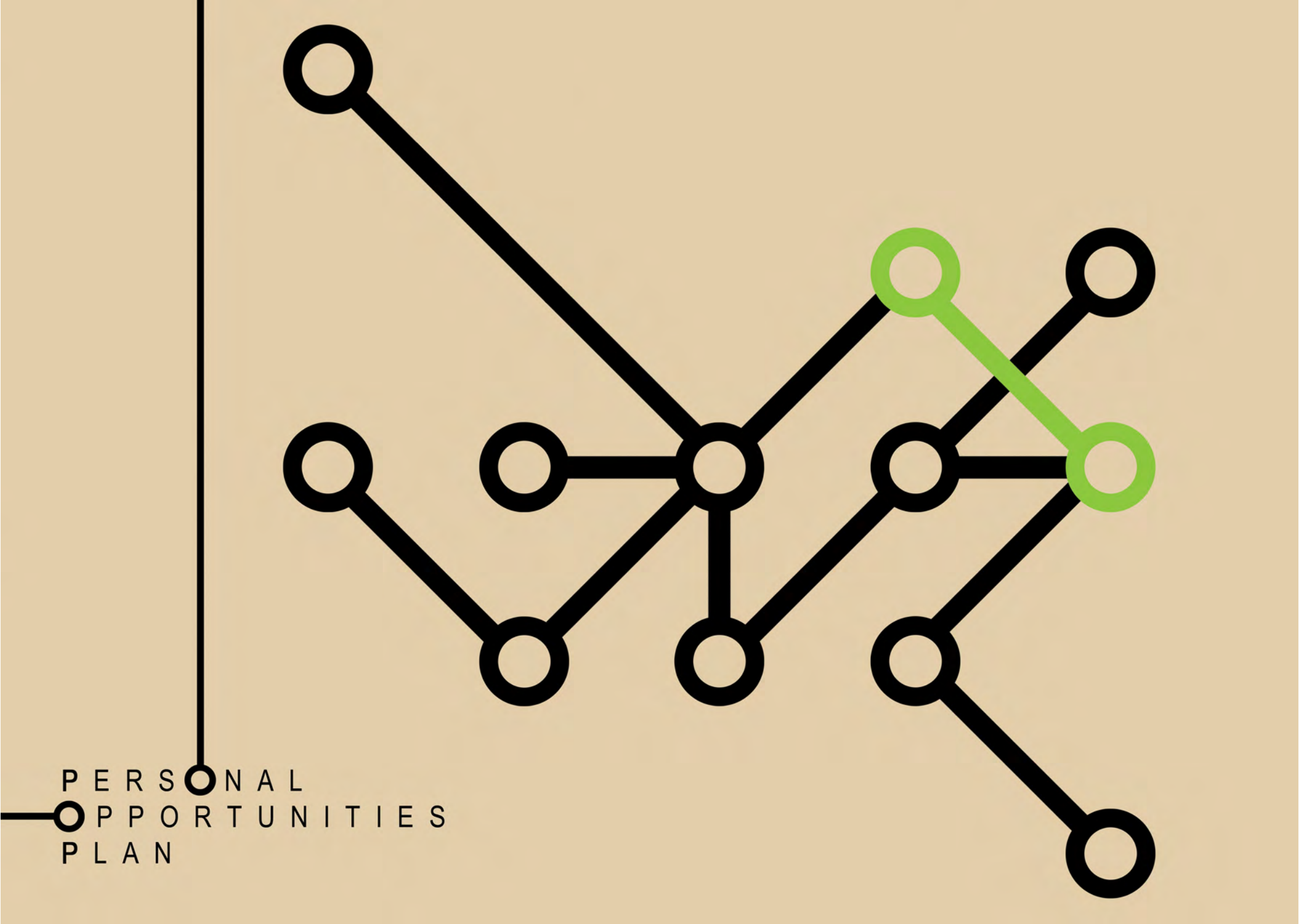




PERSONAL
OPPORTUNITIES
PLAN

PLEASE READ BEFORE USING THIS BOOK

PURPOSE OF THIS BOOK?

- TO INFORM YOU AND YOUR DECISIONS ABOUT EDUCATION
- TO SHOW YOU WHAT'S AVAILABLE IN A SIMPLE VISUAL FORMAT
- TO DEVELOP A PLAN (USING THE A3 TALKING BOARD)
- TO GET YOU THINKING ABOUT EDUCATION AND CAREERS

WHEN TO USE THIS BOOK?

- IF YOU ARE UNSURE ABOUT EDUCATION AND YOUR OPTIONS
- IF YOU ARE CONSIDERING COLLEGE OR EVEN UNIVERSITY
- IF YOU ARE LOOKING FOR INFORMATION AND POINTERS ABOUT EDUCATION AND CAREERS
- IF YOU WANT STUFF TO THINK ABOUT

WHO YOU SHOULD SHARE THIS BOOK WITH

- IT'S YOUR DECISION - FOSTER CARER, PARENT, SOCIAL WORKER, KEY WORKER, RELATIVE. WHOEVER YOU FEEL WILL PROVIDE THE BEST SUPPORT, INTERACTION AND ENCOURAGEMENT.

WHO WILL MONITOR THE PROGRESS?

- YOUR SOCIAL WORKER

WHO WILL HAVE RESPONSIBILITY?

- YOU AND YOUR SOCIAL WORKER - MOSTLY YOU, IT'S YOUR FUTURE!

PERSONAL OPPORTUNITIES PLAN, YOUR DETAILS, PLEASE FILL OUT \

YOUR NAME:

AGE:

SHARED WITH PATHWAY PLAN: ☐ Y ☐ N ☐ NA

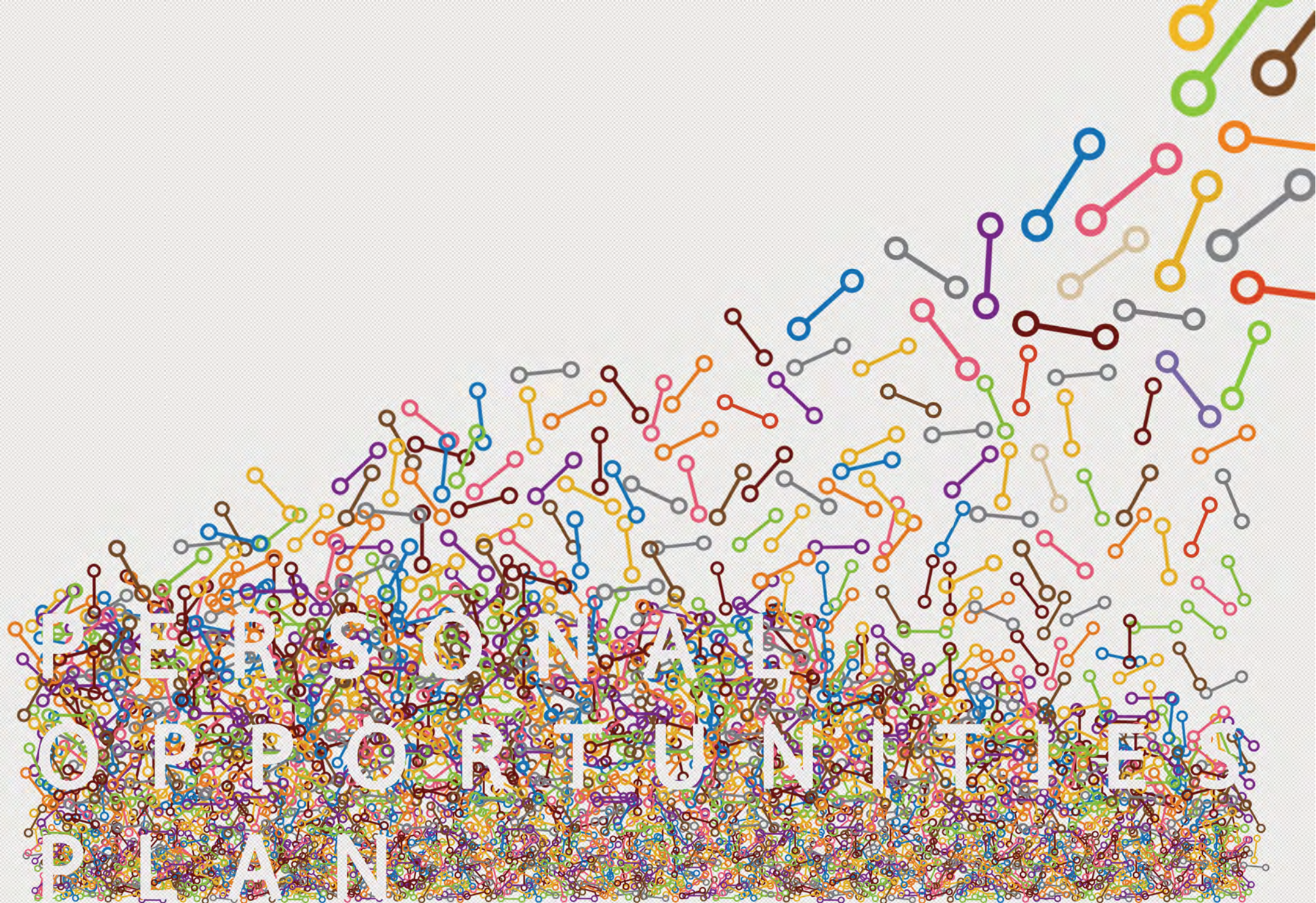
CONTACT NUMBER:

SCHOOL/COLLEGE:

SCHOOL/COLLEGE NUMBER:

WHO WILL HELP YOU?:

CONTACT NUMBER:



THE VIRTUAL SCHOOL FOR CHILDREN IN CARE BRIGHTON AND HOVE

CONTENTS

YOUNG PEOPLE

SCHOOL — P5

16+ — P11

UNIVERSITY — P17

PARENTS AND CARERS — P25

PROFESSIONALS — P33

TEAR OUT A3 POP PLAN — BACK OF BOOK

PLEASE NOTE: EVEN THOUGH THERE ARE NAMED SECTIONS, ALL INFORMATION THROUGH-OUT THIS BOOK WILL BE USEFUL TO ALL.

USE THIS KEY
TO SEE WHAT
SECTION YOU
ARE ON

S C H O L

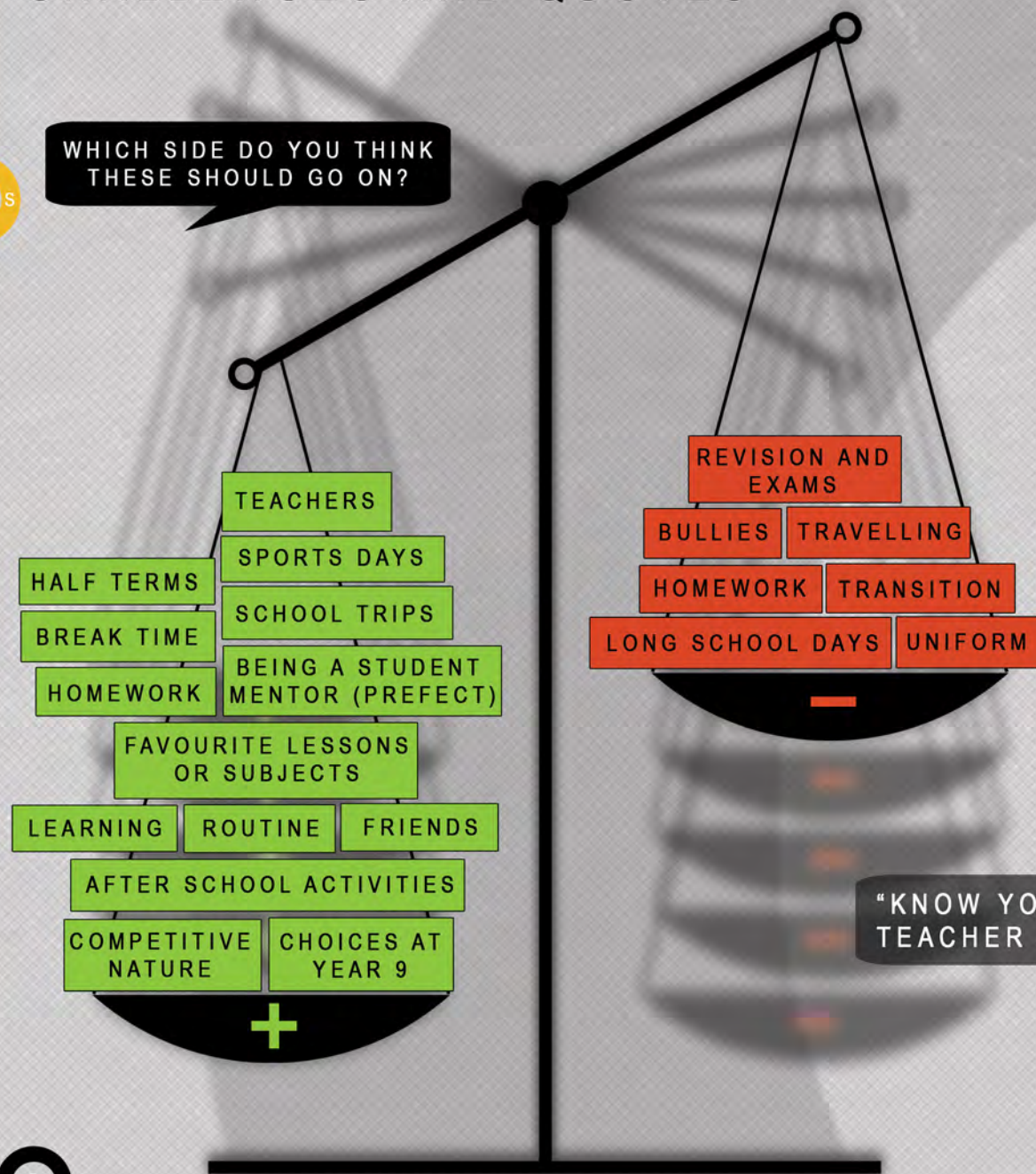


YOUNG PEOPLE

HOW DO YOU
LIKE TO LEARN?
(CIRCLE ONE)

COMPUTER
READING
PICTURES
TELEVISION
ONE TO ONE
GROUP
ACTIVITIES

SCHOOL: POSITIVES, CHALLENGES AND QUOTES



YOUR POSITIVES ✍️

"IT'S SO IMPORTANT TO TRY HARD AT SCHOOL. WHATEVER QUALIFICATIONS YOU GET, THERE WILL OPEN DOORS FOR YOU IN THE FUTURE"

"SCHOOL WAS A GREAT ESCAPE FOR ME, USE IT TO BETTER YOURSELF!"

"WORK WITH THE SCHOOL BUT BE PREPARED TO BE CHALLENGED"

"ALWAYS REMEMBER TO ALLOW ENOUGH TIME TO GET TO SCHOOL IN THE MORNINGS. YOU'RE LIKELY TO BEGIN YOUR SCHOOL DAY CALM AND IN CONTROL AND ENJOY IT"

"KNOW YOUR DESIGNATED TEACHER AND HEAD OF YEAR"

"SCHOOL IS A GREAT PLACE TO LEARN HOW TO GET ON WITH OTHER PEOPLE, TO TRY THINGS OUT AND TO GET AS MANY NEW EXPERIENCES AS POSSIBLE – MAKE THE MOST OF IT!"

KEY STAGE 4(KS4)
CHOICES/OPTIONS(YEAR9)
TOP TIPS

SPEAK TO
TEACHERS AND
PROFESSIONALS
ABOUT YOUR
POTENTIAL
CHOICES

?

DUKE OF
EDINBURGH
AWARD

DON'T CHOOSE
SOMETHING JUST
BECAUSE YOUR
FRIENDS ARE, OR
BECAUSE YOU
LIKE THE
TEACHER

WHAT
PARTICULAR
CAREER DO
YOU HAVE IN
MIND?

IT'S YOUR
EDUCATION,
YOUR
FUTURE!

CHOOSE
SOMETHING
YOU ENJOY

TRY NEW
THINGS

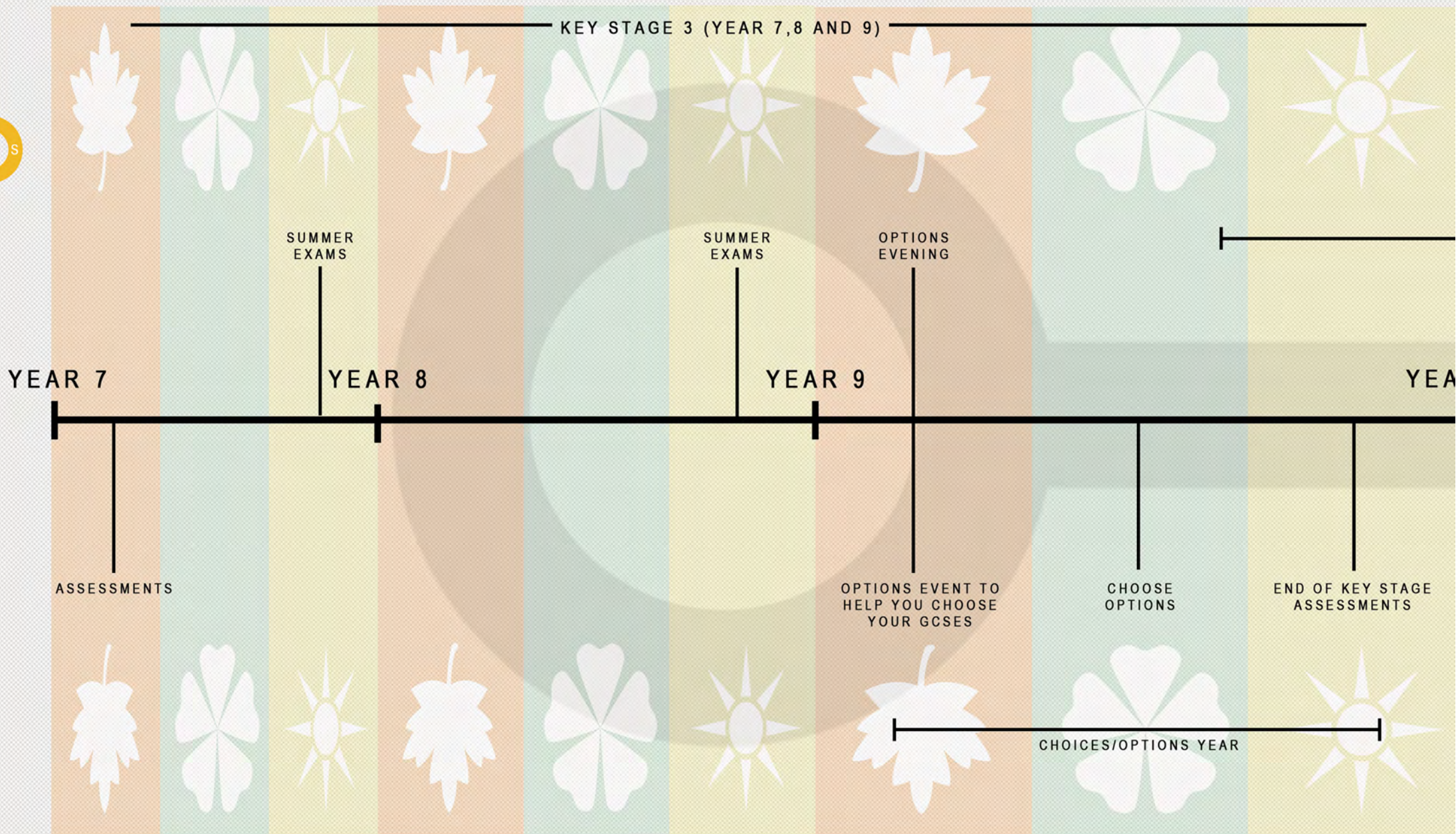
KEEP A
BALANCE
OF
SUBJECTS

KEEP YOUR
OPTIONS
OPEN

SCHOOL TIMELINE

YEARS 7-11

USE THIS TIMELINE AS A GUIDE TO SEE HOW THE SCHOOL YEARS MAY LOOK





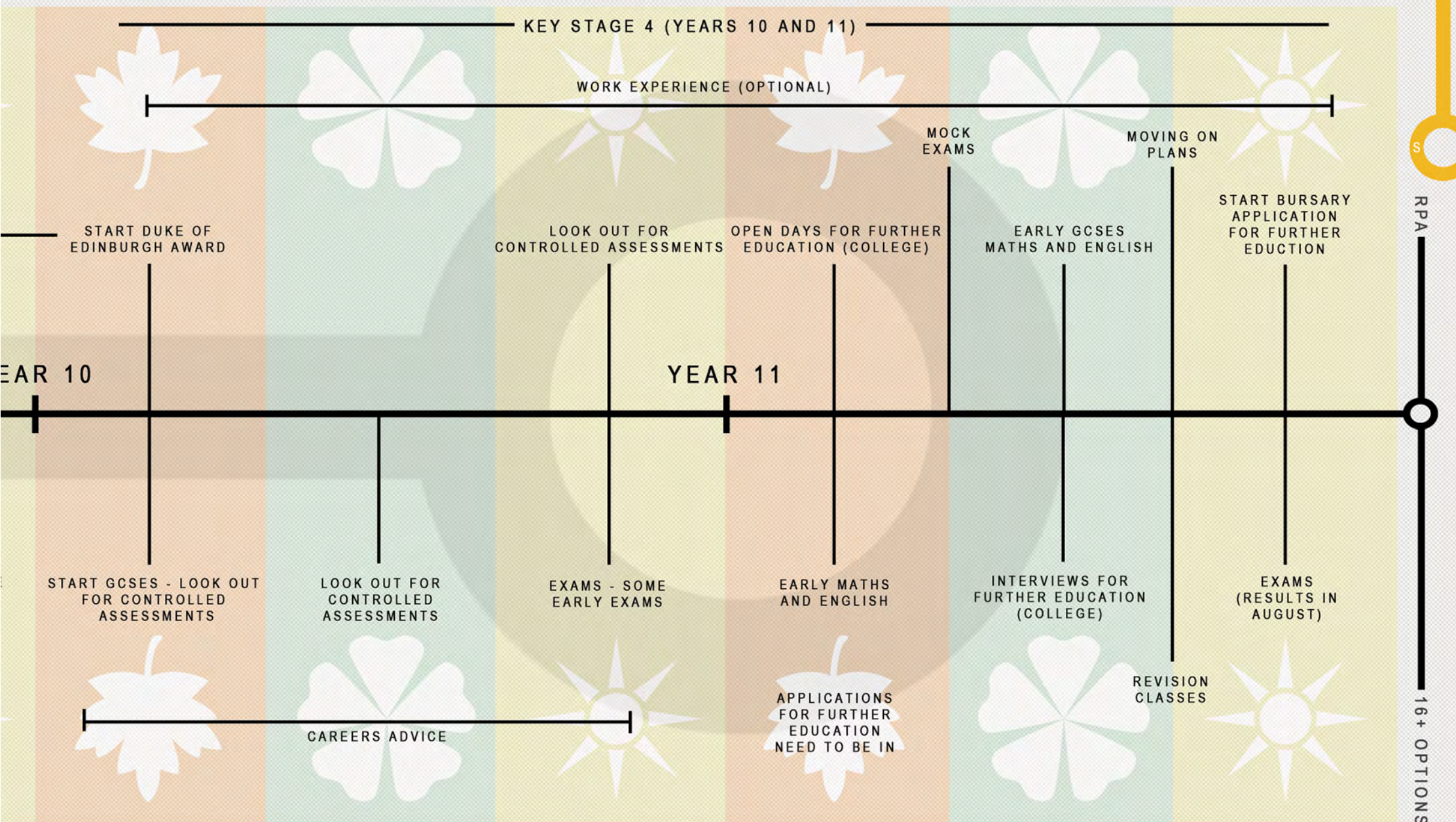
AUTUMN TERM (SEPTEMBER - DECEMBER)



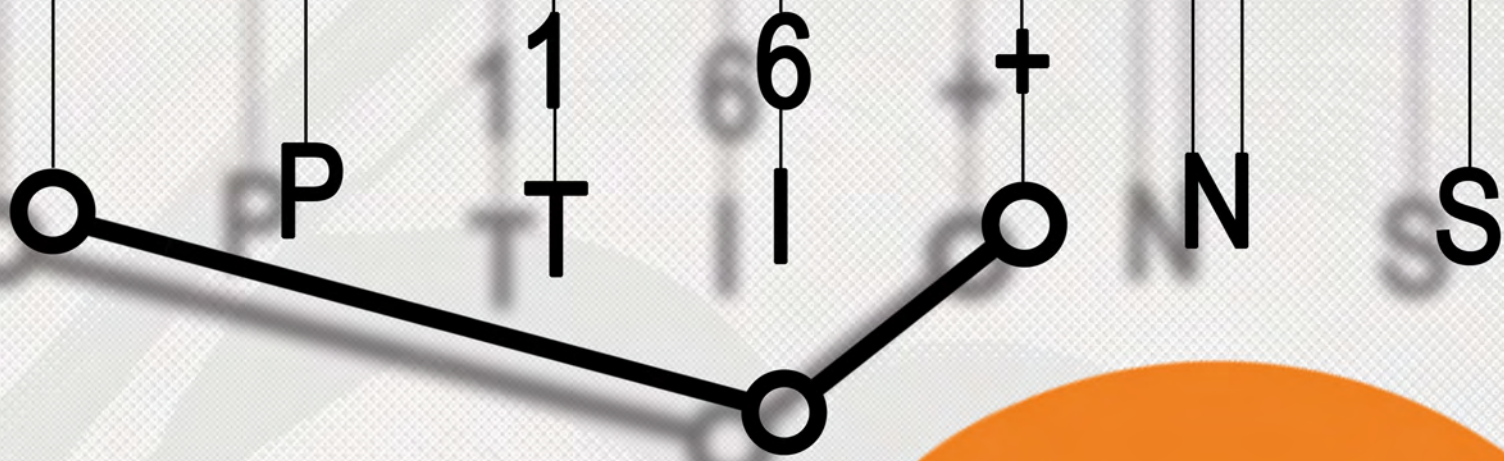
SPRING TERM (JANUARY - APRIL)



SUMMER TERM (APRIL - JULY)



ADDITIONAL STUFF TO REMEMBER: 📅 SCHOOL TRIPS, 🗣️ PARENTS EVENING, 🎉 CELEBRATION EVENTS, 🏆 SPORTS DAYS
 📅 HALF TERMS, 📅 INSET / TEACHER TRAINING DAYS, 🏢 COLLEGE TRANSITION, 🎓 UNIVERSITY ACTIVITY DAYS

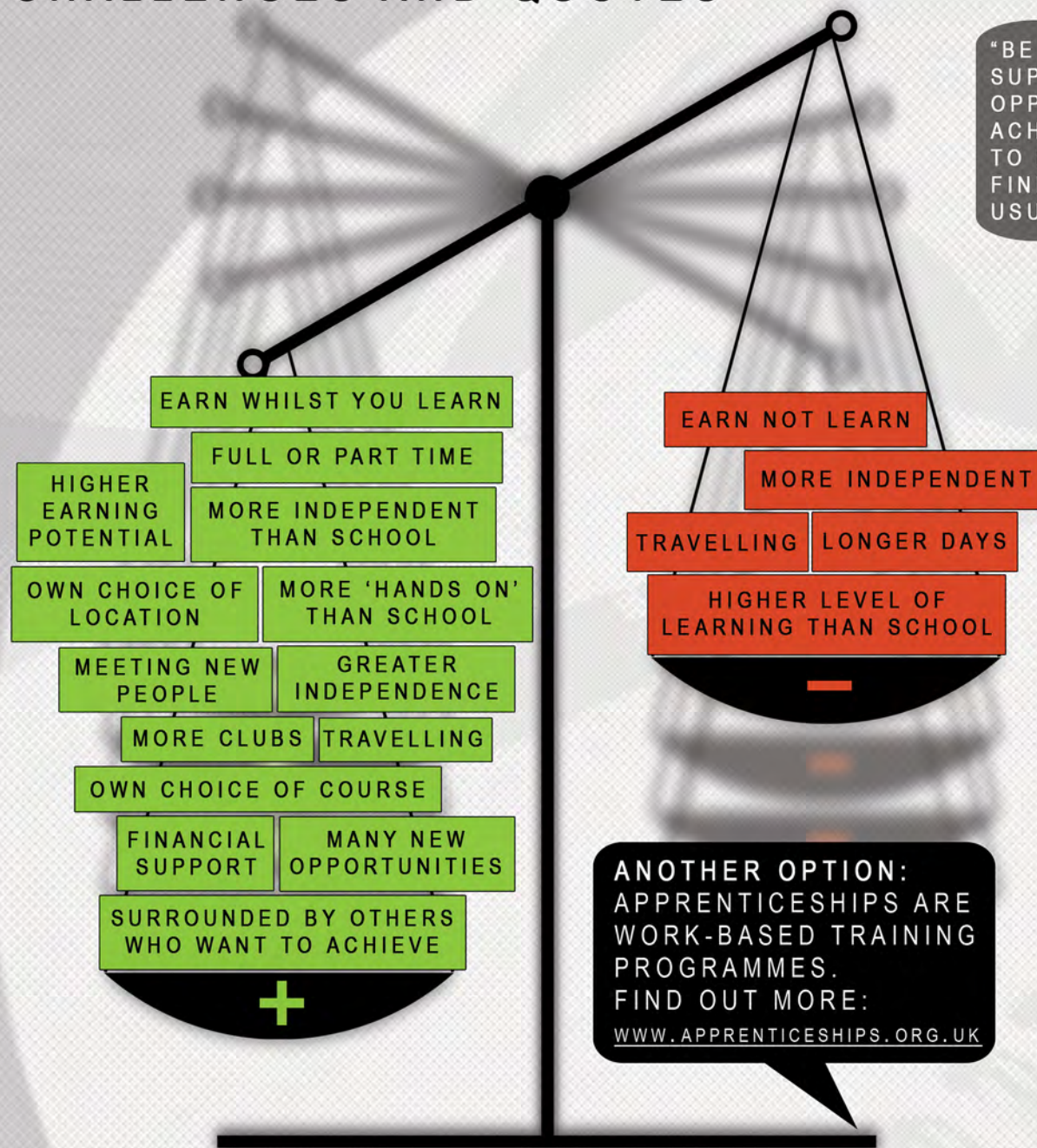


WHERE DO YOU LIKE TO
LEARN? (CIRCLE ONE)

CLASSROOM
HOME
OUTDOORS
LIBRARY
WORK PLACE
ONLINE

YOUNG PEOPLE

16+ LEARNING: POSITIVES, CHALLENGES AND QUOTES



"BE OPEN WITH THE COLLEGE REGARDING YOUR STATUS, SUPPORT AN ON GOING PEP PROCESS AND TAKE ANY OPPORTUNITY THAT WILL RAISE ASPIRATION AND ACHIEVEMENT. UNIVERSITIES AND FE COLLEGES ARE ABLE TO PROVIDE LOTS OF SUPPORT AND OPPORTUNITIES - FIND OUT ABOUT THEM AND TAKE THEM - THEY ARE USUALLY FREE!"

"A COLLEGE COURSE IS A STEPPING STONE TO WHATEVER YOU MAY WANT TO DO LATER IN LIFE"

"COLLEGE IS FUN BUT CHALLENGING, IT WILL OPEN THE DOORS TO A WIDER FUTURE"

PUTTING ON YOUR CV THAT YOU HAVE COMPLETED COLLEGE SHOWS AN EMPLOYER THAT YOU CAN STICK WITH SOMETHING"

"THERE ARE VAST OPPORTUNITIES AT COLLEGE, CHOOSE WISELY"

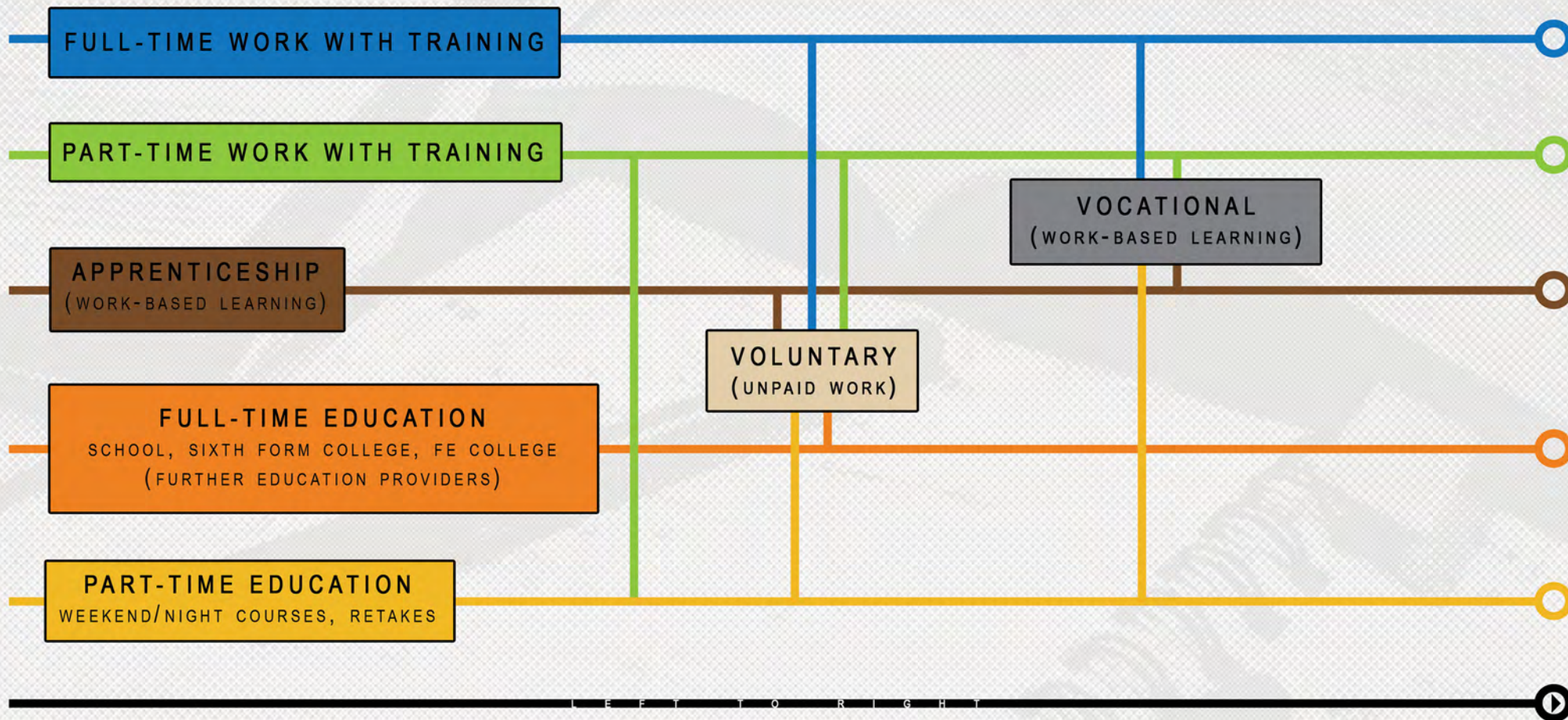
"DON'T BE AFRAID TO ASK FOR EXTRA SUPPORT IF YOU FEEL YOU NEEDIT. BESIDES YOUR LECTURER THERE WILL BE OTHER KEY STAFF IN THE COLLEGE THAT ARE THERE TO HELP YOU SUCCEED"

ANOTHER OPTION:
APPRENTICESHIPS ARE
WORK-BASED TRAINING
PROGRAMMES.
FIND OUT MORE:
WWW.APPRENTICESHIPS.ORG.UK

POTENTIAL 16+ ROUTES

THERE ARE MANY ROUTES YOU CAN TAKE AND DON'T FORGET IT'S POSSIBLE TO SWAP AND CHANGE. CHECK OUT HOW LONG EACH COURSE MAY TAKE BEFORE YOU TAKE ON MORE (EXAMPLE: PART-TIME EDUCATION WITH PART-TIME WORK). IT'S FINE TO MIX IT UP TO BETTER YOUR EXPERIENCE.

START 16+ OPTIONS



YOUR SCHOOL, COLLEGE, FE COLLEGE OR TRAINING PROVIDER CONTACT IS :



NOTES

CONSIDERATIONS FOR 16+ STUDY

(SCHOOL, SIXTH FORM COLLEGE, FE COLLEGE AND TRAINING PROVIDERS)

START

 **16+** (WHEN YOU TURN 16, YOU MAY CHANGE SOCIAL WORKER TO ONE WHO KNOWS MORE ABOUT 16+ MATTERS)

 **PLANS FOR YOUR FUTURE** (WHAT ARE YOUR PLANS?)

 **APPRENTICESHIP** (THIS MAY BE A BETTER OPTION FOR YOU: WORKED BASED LEARNING, FIND OUT MORE: WWW.APPRENTICESHIPS.ORG.UK)

 **ARMED FORCES** (DO YOU WANT TO GO INTO THE ARMY, NAVY OR AIRFORCE?)

 **CAREERS ADVICE** (FROM GENERAL CONVERSATION TO PROFESSIONAL ADVICE)

 **STUDY WHAT YOU ENJOY** (DO YOU HAVE THE INTEREST, COMMITMENT AND PASSION FOR THE SUBJECT OR COURSE?)

 **DOES YOUR COURSE EQUIP YOU FOR THE CAREER YOU'LL CHOOSE?**

 **HIGHER EDUCATION STUDY** (UNIVERSITY AFTERWARDS? GET THINKING!)

 **UNIVERSITY OPEN DAYS, SUMMER SCHOOLS AND TASTER DAYS** (EXPERIENCE THE UNIVERSITY ENVIRONMENT AND EDUCATION)

 **FULL OR PART TIME COURSE OR STUDY** (KNOW THE DIFFERENCE, FUNDING WILL BE DIFFERENT, PART TIME = MORE SELF STUDY)

 **SPECIALISE IN?** (YOUR COLLEGE OR FE COLLEGE MAY HAVE A SPECIALISM SUCH AS SPORT, BUSINESS ETC)

 **LOCATION** (LOOK AT WHAT'S AVAILABLE IN YOUR LOCAL AND REGIONAL AREA **GO TO PAGE 29** / INCLUDE TRAVEL  **GO TO PAGE 30**)

 **SCHOLARSHIPS** (FINANCIAL AID OR SPONSORSHIP)

 **16+ BURSARY** (MORE INFORMATION **GO TO PAGE 30**)

 **EXTRA TUITION** (BUILD UP ON YOUR WEAKER SUBJECTS, ENGLISH AND MATHS ARE THE MOST IMPORTANT TO HAVE)

 **PART TIME, VOLUNTARY AND VACATIONAL WORK** (GOOD TO BUILD UP YOUR WORK EXPERIENCE)

 **CORE SUBJECTS** (RETAKE A SUBJECT OR IMPROVE ON YOUR PREVIOUS RESULTS)

 **CV BUILDING** (IT'S IMPORTANT TO HAVE ONE, THIS IS A WORKING DOCUMENT, KEEP IT UP TO DATE) **CV TEMPLATE ON PAGE 35**

THE LIST ABOVE IS TO GIVE YOU EXAMPLES OF THINGS TO THINK ABOUT.

16

13

16+ LEARNING TIMELINE BEFORE, DURING AND AFTER POINTERS

BEFORE

PATHWAY PLAN

VISITING COLLEGES

- PICKING UP PROSPECTUS
- ONLINE RESEARCH
- OPEN DAYS
- LOOKING AT COURSES:
- COURSE: OUTCOMES, UNITS/CONTENT, ENTRY REQUIREMENTS AND INFORMATION
- FULL OR PART-TIME
- ASK: RELATIVES, PROFESSIONALS AND FRIENDS
- GO TO PAGE 26 TO SEE WHAT YOU CAN STUDY AT COLLEGE
- FUNDING



THE INTERNET IS A USEFUL SOURCE OF INFORMATION, GET SEARCHING AND BROWSING



REMEMBER IF YOU MAKE THE WRONG CHOICE, YOU CAN CHANGE YOUR MIND

IS COLLEGE THE RIGHT DECISION?

NO

OTHER OPTIONS:

- APPRENTICESHIP (WORK BASED LEARNING) AND MORE

YES

- COURSE AND COLLEGE DECISION
- APPLICATION TO COLLEGE
- COLLEGE ACCEPTANCE
- COURSE INTERVIEW
- APPLICATION TO 16-19 BURSARY (FORMALLY EMA) GO TO PAGE 28
- COURSE EQUIPMENT, TRAVEL AND COLLEGE TIMETABLE

DURING

- RE-TAKE A GCSE(S)
- EXTRA CURRICULAR ACTIVITIES
- CV BUILDING
- WEEKEND OR PART-TIME WORK
- CONSIDER UNIVERSITY?
- PATHWAY PLAN REVIEW (EVERY 6 MONTHS)
- FUTURE PLANNING
- TALK TO OTHERS TO SEE THEIR JOURNEYS
- SUMMER WORK
- VOLUNTEERING
- MOVING ON PLANS

AFTER

- UNIVERSITY
- OTHER HIGHER EDUCATION
- APPRENTICESHIPS
- WORK
- TRAVELLING (GAP YEAR)
- MOVING ON PLANS

Y E A R

O N E

Y E A R

T W O

APPRENTICESHIPS

(A REAL JOB WITH TRAINING SO YOU CAN EARN WHILE YOU LEARN AND PICK UP RECOGNISED QUALIFICATIONS AS YOU GO)

YOU EARN WHILE YOU LEARN  

GAIN A VARIETY OF SKILLS AND KNOWLEDGE  

WORK TOWARDS A NATIONALLY RECOGNISED QUALIFICATION  

PROGRESS IN YOUR CHOSEN CAREER  

BENEFITS OF APPRENTICESHIPS

EARN A SALARY
GET PAID HOLIDAYS
RECEIVE TRAINING
GAIN A QUALIFICATION
LEARN JOB SPECIFIC SKILLS
WORK ALONGSIDE EXPERIENCED STAFF
PROFESSIONAL EXPERIENCE
SUPPORT

RANGE OF INDUSTRY SECTORS TO CHOOSE FROM

 AGRICULTURE, HORTICULTURE AND ANIMAL CARE

 BUSINESS, ADMINISTRATION AND LAW

 EDUCATION AND TRAINING

 HEALTH, PUBLIC SERVICES AND CARE

 LEISURE, TRAVEL AND TOURISM

 ARTS, MEDIA AND PUBLISHING

 CONSTRUCTION AND PLANNING

 ENGINEERING AND MANUFACTURING

 INFORMATION AND COMMUNICATION TECHNOLOGY

 RETAIL AND COMMERCIAL

APPRENTICESHIPS CONTINUED

LENGTH

1 TO 4 YEARS DEPENDING ON THE LEVEL OF APPRENTICESHIP

LEVELS

INTERMEDIATE (LEVEL 2) —————▶ EQUIVALENT TO 5 GCSE PASSES

ADVANCE (LEVEL 3) —————▶ EQUIVALENT TO 2 A LEVEL PASSES

HIGHER (LEVEL 4 OR ABOVE) —————▶ LEAD TO NVQ LEVEL 4 AND ABOVE OR A FOUNDATION DEGREE

WHEN TO APPLY?

16 AND OVER AND NOT IN FULL TIME EDUCATION

TIPS

GET AN EMAIL ACCOUNT IF YOU DON'T ALREADY HAVE ONE AND MAKE SURE IT'S SENSIBLE AND APPROPRIATE
SET YOUR OWN VOICE MAIL ON YOUR MOBILE PHONE AND MAKE IT APPROPRIATE TO A POTENTIAL EMPLOYER
GET YOUR CV SORTED (GO TO PAGE 37 FOR CV TEMPLATE)

LINKS (SEARCHING, APPLYING AND INFORMATION)

WWW.APPRENTICESHIPS-IN-SUSSEX.COM

WWW.APPRENTICESHIPS.ORG.UK

TICK LIST WHEN APPLYING FOR AN APPRENTICESHIP \

☐ READ THE JOB CAREFULLY BEFORE YOU APPLY

☐ DO YOU MEET THE REQUIREMENTS?

☐ DOES THE JOB RELATE TO YOU?

☐ DO YOU STAND OUT?

☐ SPELL CHECK/PROOF READ

☐ IS THE JOB LOCAL?

☐ LIST ALL YOUR QUALIFICATIONS AND WORK EXPERIENCE

☐ DOES YOUR APPLICATION READ WELL? IT WILL BE VIEWED BY YOUR POTENTIAL EMPLOYER

☐ IS IT SENT TO THE CORRECT PERSON?

U N I V E R S I T Y

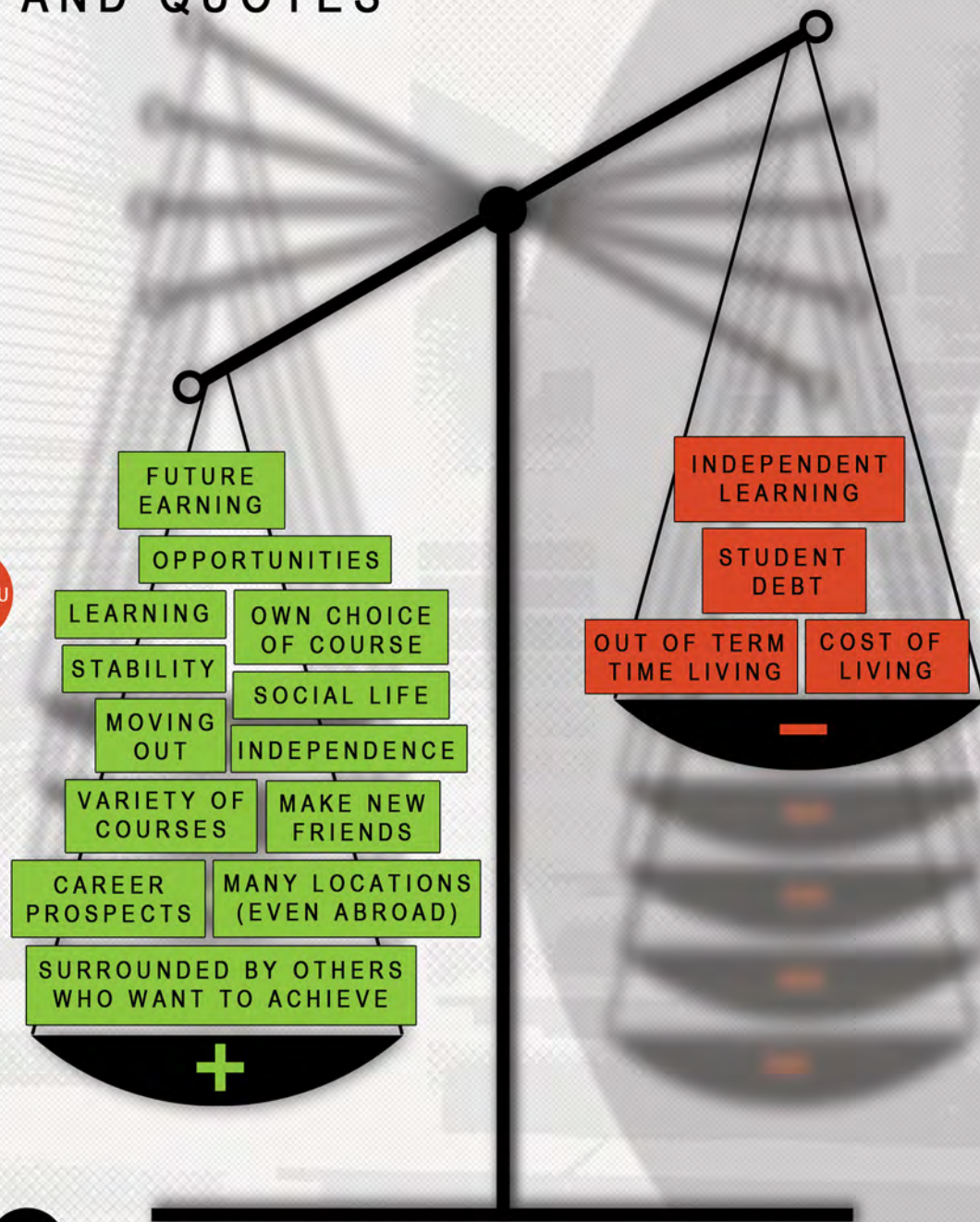


YOUNG PEOPLE

WHAT TYPE OF
LEARNER ARE YOU?
(CIRCLE ONE)

VISUAL
HEARING
VERBAL
PHYSICAL
LOGICAL
SOCIAL
SOLITARY

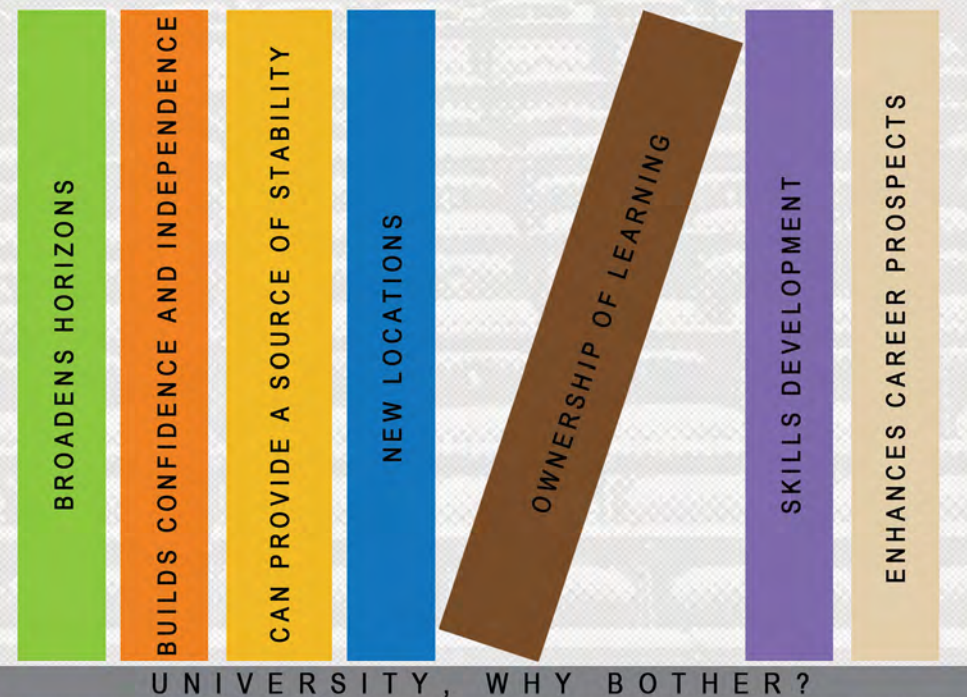
UNIVERSITY EDUCATION: POSITIVES, CHALLENGES AND QUOTES



"THERE ARE NO 'IN CARE' LABELS OR STEREOTYPES AT UNIVERSITY"

"4 YEARS OF MY LIFE WHERE I KNEW WHAT I WAS DOING"

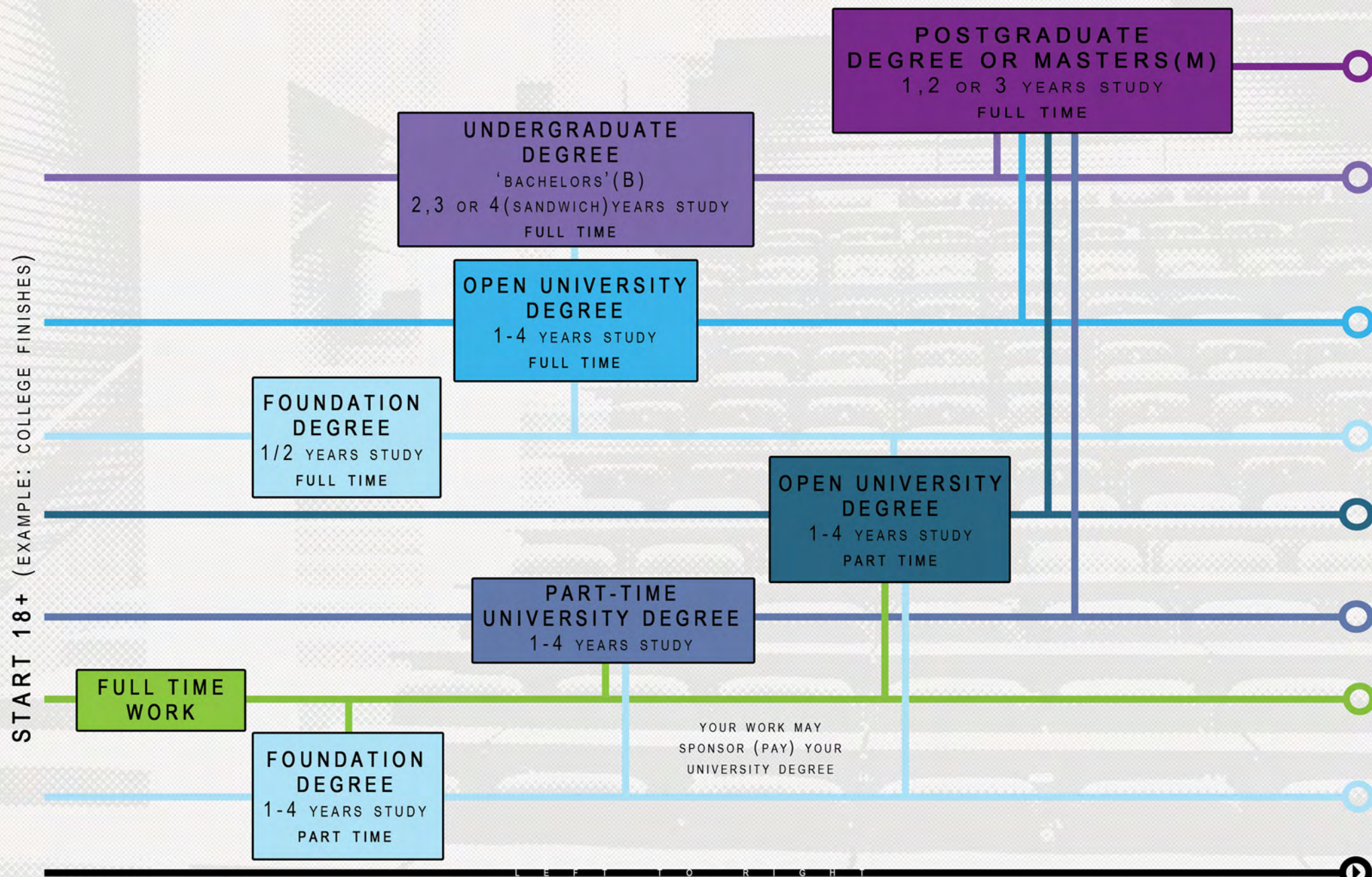
"UNIVERSITY WAS THE BEST DECISION OF MY LIFE"



"IF SOMEONE TOLD ME WHEN I WAS SIXTEEN I WOULD HAVE A UNIVERSITY DEGREE, I WOULDN'T OF BELIEVED THEM. BUT I DO AND NOW HAVE A JOB WHICH I HAVE CHOSEN AND EARN GOOD MONEY"

QUOTES FROM A CARE LEAVER WHO GRADUATED

UNIVERSITY POSSIBLE DEGREE ROUTES



UNIVERSITY / HEI CONSIDERATIONS

ABOUT UNIVERSITY OR HIGHER EDUCATION INSTITUTIONS (HEI)

START

-  **OUTREACH** (SUMMER SCHOOLS, CAMPUS TOURS, TASTER SESSIONS AND MORE) **TASTERS OF THE UNIVERSITY LIFE AND EDUCATION**
-  **HELP FROM YOUR LOCAL AUTHORITY** (CONTACT YOUR SOCIAL WORKER OR CAREERS ADVICE SERVICE ABOUT HIGHER EDUCATION)

-  **BUTTLE MARKED** (MARKED UNIVERSITIES / HEI PROVIDE A RANGE OF SUPPORT TO CARE LEAVERS)
-  **OFFERS FOR CARE LEAVERS** (LINKED TO BUTTLE, THE OFFERS WILL BE DIFFERENT FROM EACH UNIVERSITY / HEI)
-  **LOCATION** (LOCAL, REGIONAL, NATIONAL AND ABROAD)
-  **SPECIALISE IN?** (MANY UNIVERSITIES AND HIGHER EDUCATION INSTITUTIONS WILL BE RECOGNISED FOR SPECIALISMS, GET RESEARCHING!)
-  **OPEN UNIVERSITY** (THIS EDUCATION MAY BE MORE SUITABLE FOR YOU, AS IT'S DISTANCE LEARNING/HOME STUDY)
-  **FULL, PART TIME OR FOUNDATION COURSE** (KNOW THE DIFFERENCE)

-  **APPLICATION PROCESS** (UCAS APPLICATION INCLUDING: 5 CHOICES, PERSONAL STATEMENT AND REFERENCES)
-  **BEST COURSE** (WITH OVER 50,000 HIGHER EDUCATION COURSES IN THE U.K, THE VARIETY IS VAST)
-  **COURSE OUTCOME** (WHAT WILL YOU ACHIEVE?, IS IT ACHIEVABLE?, LOOK AT THE COURSE DETAILS AND OUTCOMES)
-  **DURATION OF COURSE** (1 - 7 YEARS, DEPENDENT ON COURSE)
-  **COST OF COURSE** (UP TO £9000 PER YEAR TUTION FEES, NOT INCLUDING LIVING COSTS)
-  **SIZE OF UNIVERSITY (STUDENTS)** (UK UNIVERSITIES AND HIGHER EDUCATION INSTITUTIONS RANGE FROM 1,000 - 40,000 STUDENTS)

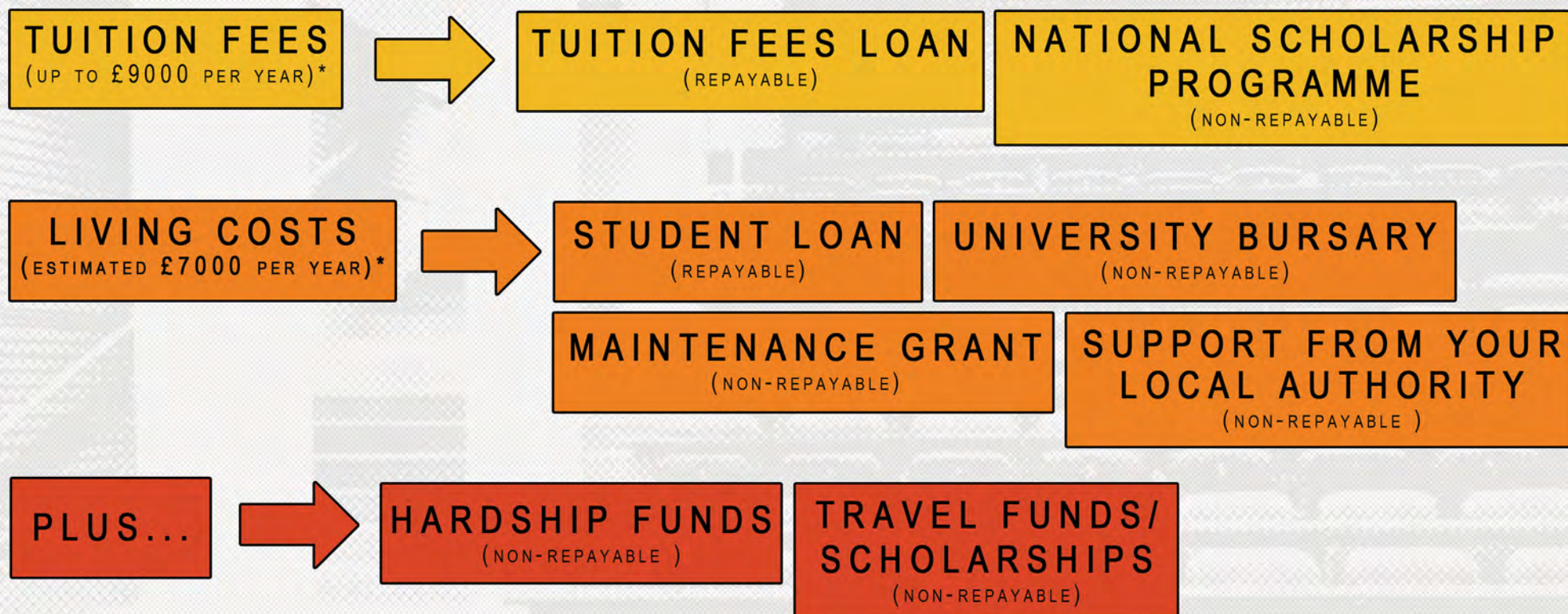
-  **OPEN DAYS** (VISIT THE CAMPUS, TOWN OR CITY AND MEET THE LECTURERS AND TUTORS)
-  **OUT-OF-TERM TIME LIVING / ACCOMMODATION** (CHRISTMAS, EASTER AND SUMMER)
-  **TERM TIME ACCOMMODATION** (HALLS, STUDENT VILLAGE, LETTING AND MORE)
-  **AFTER UNIVERSITY** (WHAT NEXT, WHO CAN SUPPORT YOU TO BUILD YOUR CAREER?)

-  **A UNIVERSITY EDUCATION MAY NOT BE RIGHT FOR YOU NOW, BUT MAYBE IN THE FUTURE**



UNIVERSITY MONEY

ON THE LEFT IS THE COST YOU HAVE TO PAY FOR EACH YEAR OF YOUR UNIVERSITY / HIGHER EDUCATION COURSE. ON THE RIGHT IS HOW YOU PAY FOR THEM. PLEASE NOTE WHAT IS NON-REPAYABLE AND REPAYABLE.



* PLEASE NOTE THESE ARE SUBJECT TO CHANGE AND MAY VARY

NOTES

WHAT OTHERS DID, THEIR JOURNEYS AND AMBITIONS

SCHOOL OPTIONS & GRADES	COLLEGE COURSE & GRADES	UNIVERSITY COURSE & GRADES	WORKING WHERE & ROLE	FUTURE AMBITION
 ROSS ELECTRONICS, HISTORY AND GEOGRAPHY + 7 GCSES (A-C)	BTEC NATIONAL DIPLOMA IN ELECTRONIC ENGINEERING (MMM) 'MERIT'	BA (HONS) INDUSTRIAL DESIGN (2:1) 	DESIGNER IN LOCAL COUNCIL	OWN MY OWN MULTI-NATIONAL GRAPHIC DESIGN COMPANY 
 PAULA BUSINESS, GEOGRAPHY, MATERIALS + 7 GCSES (A-C)	AS/2 LEVELS - BUSINESS, GEOGRAPHY, ACCOUNTING & CONTACT LAW (B-D)	FOUNDATION DEGREE IN YOUTH WORK, WORK SPONSORED DEGREE, (PASS) BA (HONS) PROFESSIONAL STUDIES IN LEARNING AND DEVELOPMENT(ON-GOING 2:1) 	YOUTH WORKER	ADVISOR TO NATIONAL YOUTH AGENCY
 JAYMI MATHS, SCIENCE AND ART GCSES AND ENGLISH ENTRY LEVEL 1	TRAVEL AND TOURISM (DISTINCTION)	WANT TO STUDY A PROFESSIONAL QUALIFICATION IN YOUTH WORK 	SECURITY	TO BECOME A YOUTH WORKER 
 HARRY LEFT SCHOOL WITH NO GCSE'S WILL RE-TAKE MATHS AND ENGLISH GCSES DURING COLLEGE 	BTEC IN INFORMATION TECHNOLOGY (ICT) MERIT IN LEVEL 2 LEVEL 3 DIPLOMA IN INFORMATION TECHNOLOGY (ICT) 'DISTINCTION' 	RECEIVED BOTH CONDITIONAL AND UNCONDITIONAL OFFERS TO GO TO UNIVERSITY TO STUDY COMPUTER SCIENCE WITH PSYCHOLOGY	MILITARY PREP SCHOOL WORKED AT A DIY STORE	WORKING FOR GOOGLE IN HUMAN RESOURCES
 YOU				

FILL OUT YOUR JOURNEY AND AMBITION ABOVE

YOUR UNIVERSITY BUDGET

NOTE DOWN YOUR MONEY YOU HAVE COMING IN, THIS CAN BE DONE PER YEAR OR TERM

INCOME

MAINTENANCE GRANT

£

MAINTENANCE/STUDENT LOAN

£

UNIVERSITY BURSARY

£

LOCAL AUTHORITY CONTRIBUTION

TUITION FEES

£

ACCOMMODATION + DEPOSIT

£

BOOKS AND EQUIPMENT

£

TRAVEL

£

OTHER (EXAMPLE: TV LICENCE)

£

OTHER GRANTS/SCHOLARSHIPS

£

PART-TIME WORK

£

TOTAL

£

PLEASE NOTE YOUR OUTGOINGS MAY CONSIST OF: ACCOMMODATION (RENT), FOOD AND DRINK, BOOKS AND EQUIPMENT, SOCIAL LIFE, PHONE & INTERNET, TRAVEL, CLUBS, SOCIETIES & SPORTS, GIFTS AND HOUSING DEPOSITS FOR THE FOLLOWING YEAR.

NOTES AND SCRIBBLES



UNIVERSITY BASICS TICK LIST

BEFORE YOU LEAVE FOR UNIVERSITY

NOTES AND SCRIBBLES



BEDROOM

BEDDING
CLOTHES

☐

ELECTRICAL

MICROWAVE
KETTLE
TV
COMPUTER/LAPTOP

☐

KITCHEN

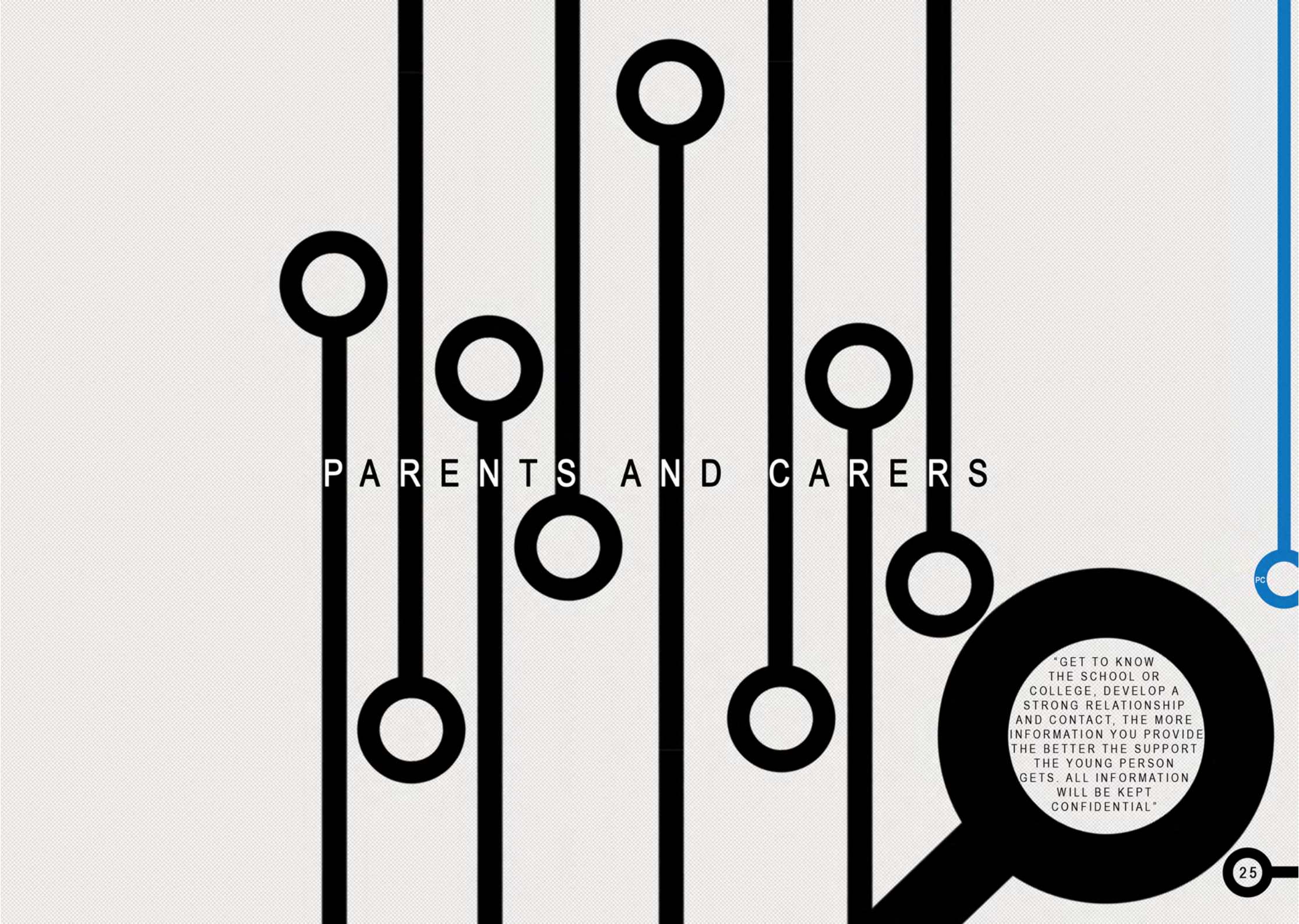
CUTLERY/UTENSILS
PLATES/CUPS
POTS/PANS
FOOD

☐

BATHROOM

TOWELS
TOILETRIES

☐



PARENTS AND CARERS

"GET TO KNOW
THE SCHOOL OR
COLLEGE, DEVELOP A
STRONG RELATIONSHIP
AND CONTACT, THE MORE
INFORMATION YOU PROVIDE
THE BETTER THE SUPPORT
THE YOUNG PERSON
GETS. ALL INFORMATION
WILL BE KEPT
CONFIDENTIAL"

WHY ARE YOU IMPORTANT?

EDUCATION, IT'S IS A LIFE-LONG PROCESS FOR EVERYONE, THAT NEEDS TO BE REINFORCED THROUGHOUT LIFE

"ALWAYS GO TO SCHOOL AND COLLEGE RELATED MEETINGS, IT SHOWS THAT YOU KNOW THE IMPORTANCE OF EDUCATION"

"BE INTERESTED AND SUPPORTIVE - GO THAT EXTRA MILE, FIND OUT WHAT IS AVAILABLE, ASK QUESTIONS, ENCOURAGE TUITION TO ENSURE THE YOUNG PERSON FEELS CONFIDENT IN LEARNING AND IS ABLE TO FILL GAPS. REMEMBER POSITIVE EDUCATIONAL OUTCOMES WILL MAKE A DIFFERENCE BUT NOBODY CAN ACHIEVE WITHOUT A SUPPORTIVE AND COMMUNICATING NETWORK AROUND THEM"

"ALWAYS HAVE AN INTEREST IN WHAT HAS HAPPENED AT SCHOOL, ALWAYS PRAISE EVEN THE SMALLEST ACHIEVEMENT AND ALWAYS ENCOURAGE YOUR YOUNG PEOPLE TO BE THE BEST THEY CAN BE"

"ENCOURAGE THE YOUNG PERSON TO TAKE OPPORTUNITIES TO BROADEN EXPERIENCES - VISITS, CLUBS, VOLUNTARY WORK, DoFE ... BUT YOU WILL PROBABLY HAVE TO 'HOLD THEIR HAND' IN THE FIRST INSTANCE! HELP THEM LEARN TO CELEBRATE AND BE PROUD OF ACHIEVEMENT"

"GET YOUNG PEOPLE INTERESTED AND CURIOUS ABOUT EVERYTHING, WHO KNOWS WHAT IT MAY LEAD TO"

"THESE YOUNG PEOPLE THAT YOU CARE FOR ARE YOUR FUTURE"

"CHILDREN IN CARE ARE OFTEN SLOWER THAN OTHER CHILDREN TO GET GOING ON LEARNING - BUT THEY CAN DO REALLY WELL IF YOU SUPPORT THEM AND THE SCHOOL TO MAKE THIS HAPPEN"

"YOUNG PEOPLE MIGHT SAY THEY DON'T WANT YOU TO GO AND WATCH THEM IN A MATCH OR PLAY, THEY DON'T WANT TO BE INVOLVED IN ACTIVITIES BUT WHEN THEY REFLECT BACK THEY ARE ALWAYS GRATEFUL"

"I ALWAYS TOLD MY CARERS THEY WERE TOO PUSHY AND HARD, BUT NOW I HAVE A DEGREE AND HAVE GREAT PROSPECTS I WOULD NOT WANT IT ANY OTHER WAY"

"THEY WILL LOOK TO YOU FOR ALL THE MOTIVATION AND INSPIRATION YOU CAN GIVE TO HELP THEM TO SUCCEED IN EDUCATION"

AS A CARER YOU
WILL BE THE MOST
CONSISTENT PERSON
IN THE YOUNG
PERSON'S
LIFE

REAL QUOTES FROM TEACHERS, PROFESSIONALS AND CARE LEAVERS.

CONSIDERATIONS AND TIMELINE FOR SCHOOL

-  TRAVEL TO AND FROM SCHOOL
-  EXAM OR TUITION HELP
-  INTEREST IN AND OUTSIDE OF SCHOOL
-  HOMEWORK
-  JOIN IN WITH THE PTA (PARENTS TEACHERS ASSOCIATION)
-  CONTACT WITH THE VIRTUAL SCHOOL (CHILDREN IN CARE)
-  COLLEGE OPEN DAYS AND UNIVERSITY SUMMER SCHOOLS
-  KNOW HOW THEIR PUPIL PREMIUM IS BEING USED

DESIGNATED TEACHER IS:

VIRTUAL SCHOOL CONTACT IS:

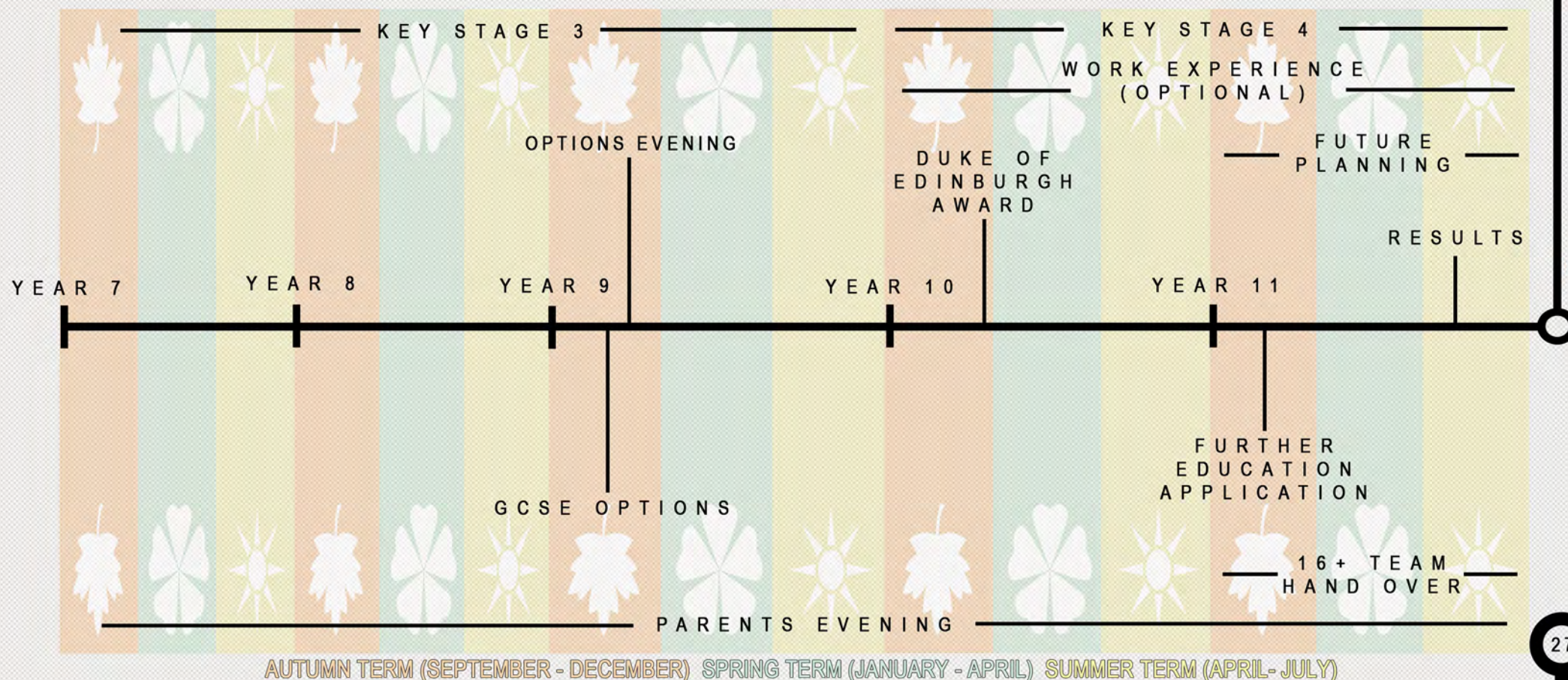
NOTES

RAISING PARTICIPATION AGE (RPA)

THE GOVERNMENT IS INCREASING THE AGE TO WHICH ALL YOUNG PEOPLE IN ENGLAND MUST CONTINUE IN EDUCATION OR TRAINING, REQUIRING THEM TO CONTINUE UNTIL THE END OF THE ACADEMIC YEAR IN WHICH THEY TURN 17 FROM 2013 AND UNTIL THEIR 18TH BIRTHDAY FROM 2015.

RAISING THE PARTICIPATION AGE (RPA) DOES NOT MEAN YOUNG PEOPLE MUST STAY IN SCHOOL; THEY WILL ABLE TO CHOOSE ONE OF THE FOLLOWING OPTIONS POST-16:

FULL-TIME EDUCATION, SUCH AS SCHOOL, COLLEGE OR HOME EDUCATION, AN APPRENTICESHIP, PART-TIME EDUCATION OR TRAINING IF THEY ARE EMPLOYED, SELF-EMPLOYED OR VOLUNTEERING FULL-TIME (WHICH IS DEFINED AS 20 HOURS OR MORE A WEEK).



16+, WHAT NOW? POSSIBLE ROUTES

START 16+

CONTINUE STUDYING FULL-TIME AT SCHOOL OR COLLEGE

START STUDYING PART-TIME AT A FURTHER EDUCATION COLLEGE
COULD INCLUDE VACATIONAL WORK OR VOLUNTARY WORK.

WORK AND LEARN AT THE SAME TIME THROUGH A TRAINING PROVIDER,
A FURTHER EDUCATION COLLEGE AND AN EMPLOYER (APPRENTICESHIP).

FULL TIME WORK WITH TRAINING

LEFT TO RIGHT

WHAT CAN YOU STUDY AT 16+?

QUALIFICATION	WHERE
GCSES	SCHOOL OR COLLEGE OR FE COLLEGE
BTEC INTRODUCTORY, FIRST & NATIONALS	SCHOOL OR COLLEGE OR FE COLLEGE
DIPLOMAS INTRODUCTORY, HIGHER & ADVANCED	SCHOOL OR COLLEGE WITH PARTNERSHIPS
APPRENTICESHIPS INTERMEDIATE, ADVANCE AND HIGHER	WORK & TRAINING PROVIDER WORK AND FE COLLEGE
A-LEVELS	SCHOOL OR COLLEGE OR FE COLLEGE
INTERNATIONAL BACCALAUREATE (IB) DIPLOMA	SCHOOL OR COLLEGE OR FE COLLEGE
PLEASE NOTE: THERE ARE MANY DIFFERENT COURSES AVAILABLE	FE: FURTHER EDUCATION

CONSIDERATIONS FOR 16+ STUDY

 16+ BURSARY AND APPLICATION

 TRAVEL TO AND FROM SCHOOL,
COLLEGE OR EMPLOYER

 EXAM OR TUITION HELP

 INTERESTS INSIDE AND OUTSIDE

 CAREERS ADVICE

 PART TIME, VOLUNTARY
& VACATIONAL WORK

 UNIVERSITY OPEN DAYS AND
UNIVERSITY SUMMER SCHOOLS

 FUTURE PLANNING

 GCSES (RETAKE A SUBJECT)

 CV BUILDING

COLLEGES AND UNIVERSITIES IN SUSSEX

EAST SUSSEX

1. BEXHILL COLLEGE
2. SUSSEX COAST COLLEGE HASTINGS
3. PARKWOOD SIXTH FORM
4. PLUMPTON COLLEGE
5. SUSSEX DOWNS COLLEGE
 - 5.1 EASTBOURNE CAMPUS
 - 5.2 LEWES CAMPUS
 - 5.3 NEWHAVEN CAMPUS

BRIGHTON & HOVE

7. BRIGHTON AND HOVE SIXTH FORM COLLEGE (BHASVIC)
8. CITY COLLEGE BRIGHTON AND HOVE (VARIOUS CAMPUSES ACROSS BRIGHTON)
9. VARNDEN COLLEGE

WEST SUSSEX

10. CENTRAL SUSSEX COLLEGE
11. CHICHESTER COLLEGE
12. NORTHBROOK COLLEGE
13. WORTHING COLLEGE

KENT

14. SOUTH KENT COLLEGE
15. WEST KENT COLLEGE

HIGHER EDUCATION COLLEGES AND UNIVERSITIES

16. PLUMPTON COLLEGE
17. SUSSEX COAST COLLEGE HASTINGS
18. SUSSEX DOWNS COLLEGE (5.1, 5.2, 5.3)
19. UNIVERSITY CENTRE HASTINGS
20. UNIVERSITY OF BRIGHTON
21. UNIVERSITY OF SUSSEX
22. CHICHESTER UNIVERSITY



COLLEGE OPTIONS FUNDING, GRANTS AND TRANSPORT

16-19 BURSARY WWW.GOV.UK/1619-BURSARY-FUND

? A FUND TO HELP PAY FOR EDUCATION RELATED COSTS IF IN FURTHER EDUCATION (COLLEGE) OR TRAINING, NOT HIGHER EDUCATION (UNIVERSITY), INCLUDING: COURSE EQUIPMENT AND MATERIALS, TRAVEL AND LUNCH.

💰 HOW MUCH? £1,200 A YEAR

📅 WHEN TO APPLY AS SOON AS POSSIBLE (RECOMMENDED TO SHARE YOUR CARE STATUS EARLY WITH COLLEGE)

🕒 BOTH FULL AND PART-TIME STUDENTS CAN APPLY

👛 THE BURSARY IS PAID DIRECTLY BY YOUR SCHOOL, COLLEGE OR TRAINING PROVIDER. THEY WILL DECIDE HOW MUCH AND WHEN IT'S PAID, IT COULD BE A LUMP SUM, WEEKLY PAYMENTS OR USED BY THE SCHOOL OR COLLEGE TOWARDS THE COST OF COURSE EQUIPMENT AND MATERIALS.

📋 APPLY VIA YOUR SCHOOL OR COLLEGE AND ASK FOR AN APPLICATION FORM

GRANTS CHECK CHARITIES AND TRUSTS THAT WORK WITH CARE LEAVERS FOR INFORMATION

TRANSPORT LINKS BUSES AND TRAINS - LOCAL, REGIONAL AND NATIONAL



WWW.BUSES.CO.UK - BRIGHTON AND HOVE BUSES ACROSS THE CITY, INCLUDING: ROUTES, JOURNEY PLANNER, TIMETABLES, TICKET PURCHASING AND MORE

WWW.STAGECOACHBUS.COM - BUSES ACROSS SUSSEX, INCLUDING: ROUTES, JOURNEY PLANNER, TIMETABLES, TICKET PURCHASING AND MORE

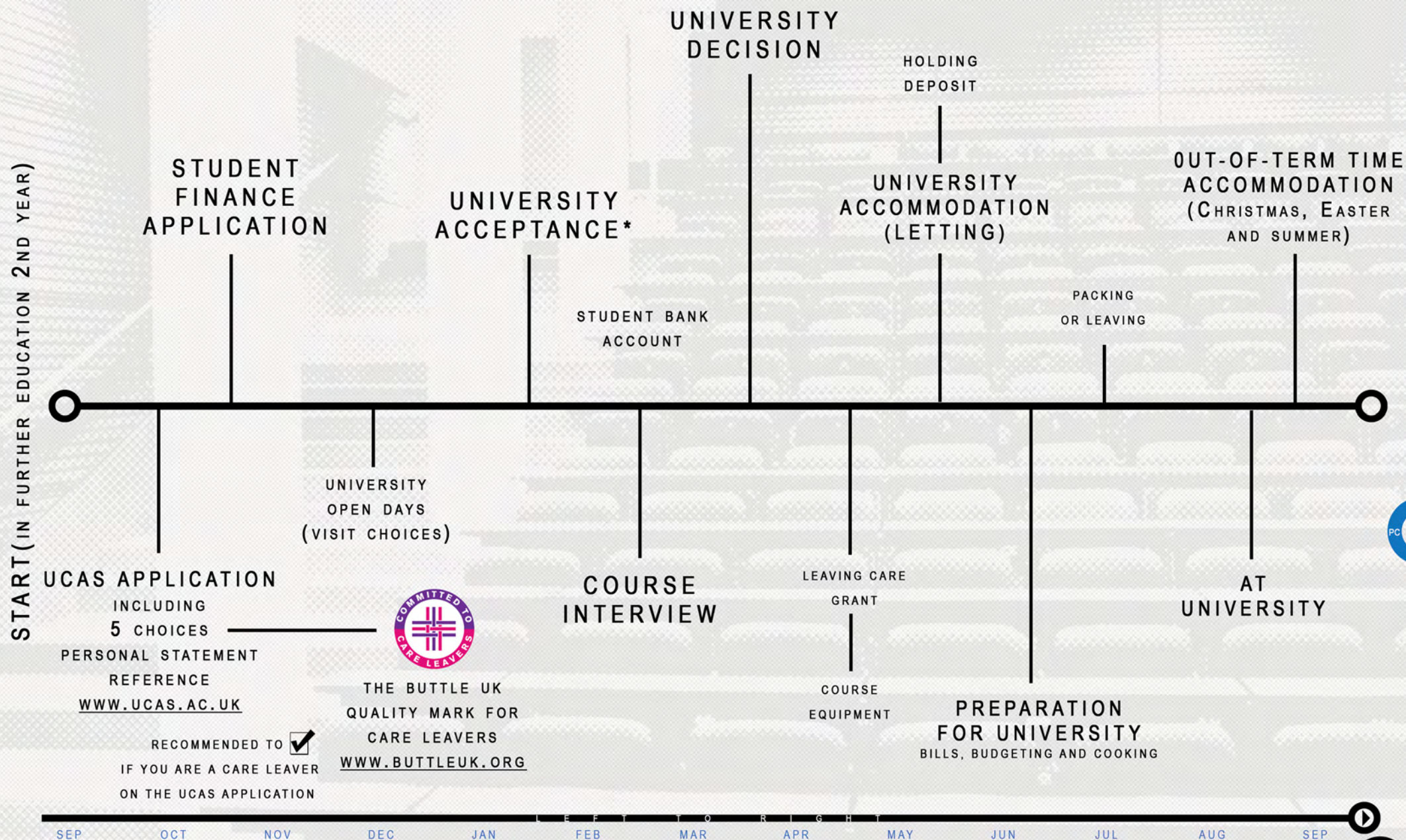


WWW.SOUTHERNRAILWAY.COM - TRAINS ACROSS SUSSEX INCLUDING: ROUTES, JOURNEY PLANNER, TIMETABLES, TICKET PURCHASING AND MORE

WWW.NATIONALRAIL.CO.UK - NATIONAL TRAINS, INCLUDING: ROUTES, JOURNEY PLANNER, TIMETABLES, TICKET PURCHASING AND MORE



CARER/PARENT TIMELINE FOR UNIVERSITY



*IF YOU DON'T GET OFFERED A PLACE STRAIGHT AWAY YOU CAN STILL FIND A PLACE BY UCAS CLEARING

UNIVERSITY TIMELINE AND CONSIDERATIONS (DETAILED)

START (IN FURTHER EDUCATION, 2ND YEAR)

UCAS APPLICATION

-  SEPTEMBER START APPLYING
-  CHOICES YOU CAN MAKE
-  DONE ONLINE
-  PERSONAL STATEMENT
-  REFERENCE
-  RECOMMENDED TO TICK THE LEAVING CARE BOX

BEFORE THEY GO

-  STUDENT BANK ACCOUNT
-  IDENTIFICATION (DRIVING LICENCE, PASSPORT & OTHER)
-  STATIONERY & BOOKS (COURSE SPECIFIC)
-  LEAVING CARE GRANT SPENDING
-  COOKING, BILLS & BUDGETING
-  BEDROOM, ELECTRICAL, KITCHEN & BATHROOM (SEE TICK LIST, PAGE 24)

OFF
TO UNI

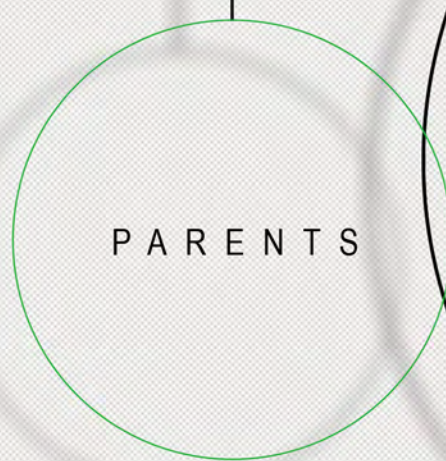
UNIVERSITY

-  OPEN DAYS
-  LOCATION
-  DURATION OF COURSE
-  SIZE
-  SPECIALISE IN
-  BEST COURSE
-  COURSE OUTCOME
-  COURSE INTERVIEW
-  OFFERS FOR CARE LEAVERS

UNIVERSITY ACCOMMODATION

-  APPLICATION AND RESEARCHING
-  TYPE OF ACCOMMODATION (HALLS, STUDENT VILLAGE, LETTING & OTHER)
-  VIEWING OF ACCOMMODATION
-  DEPOSIT
-  MOVING OUT
-  OUT-OF-TERM TIME ACCOMMODATION (CHRISTMAS, EASTER & SUMMER)

NOTES

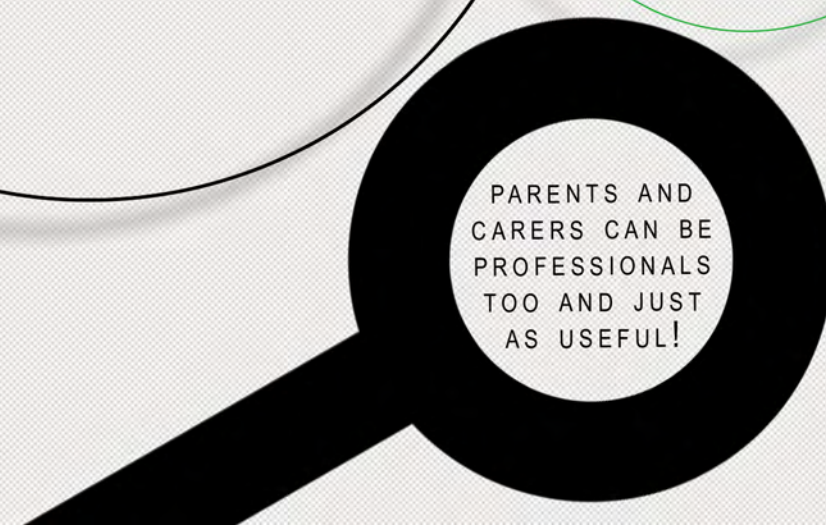


PARENTS

PROFESSIONALS



CARERS



PARENTS AND
CARERS CAN BE
PROFESSIONALS
TOO AND JUST
AS USEFUL!

WHY ARE YOU IMPORTANT? BECAUSE YOU CAN SUPPORT AND PROVIDE LINKS TO:

WORKING
ON PROJECTS
(EXAMPLE: OUR
CHOICE)



LETTING THEIR
VOICE BE HEARD
(RIGHTS)

"BEING A
SPOKESPERSON
FOR ME"

BEING AN ADVOCATE



AVAILABLE FUNDING
AND FORM FILLING



SPORTS



WORK



OPPORTUNITIES IN



MUSIC



'THINKING
OUTSIDE
THE BOX'



YOUR KNOWLEDGE
AND EXPERTISE



ART



LEARNING



SIGNPOSTING TO OTHER
SERVICES (EXAMPLE:
YOUTH EMPLOYABILITY SERVICE)



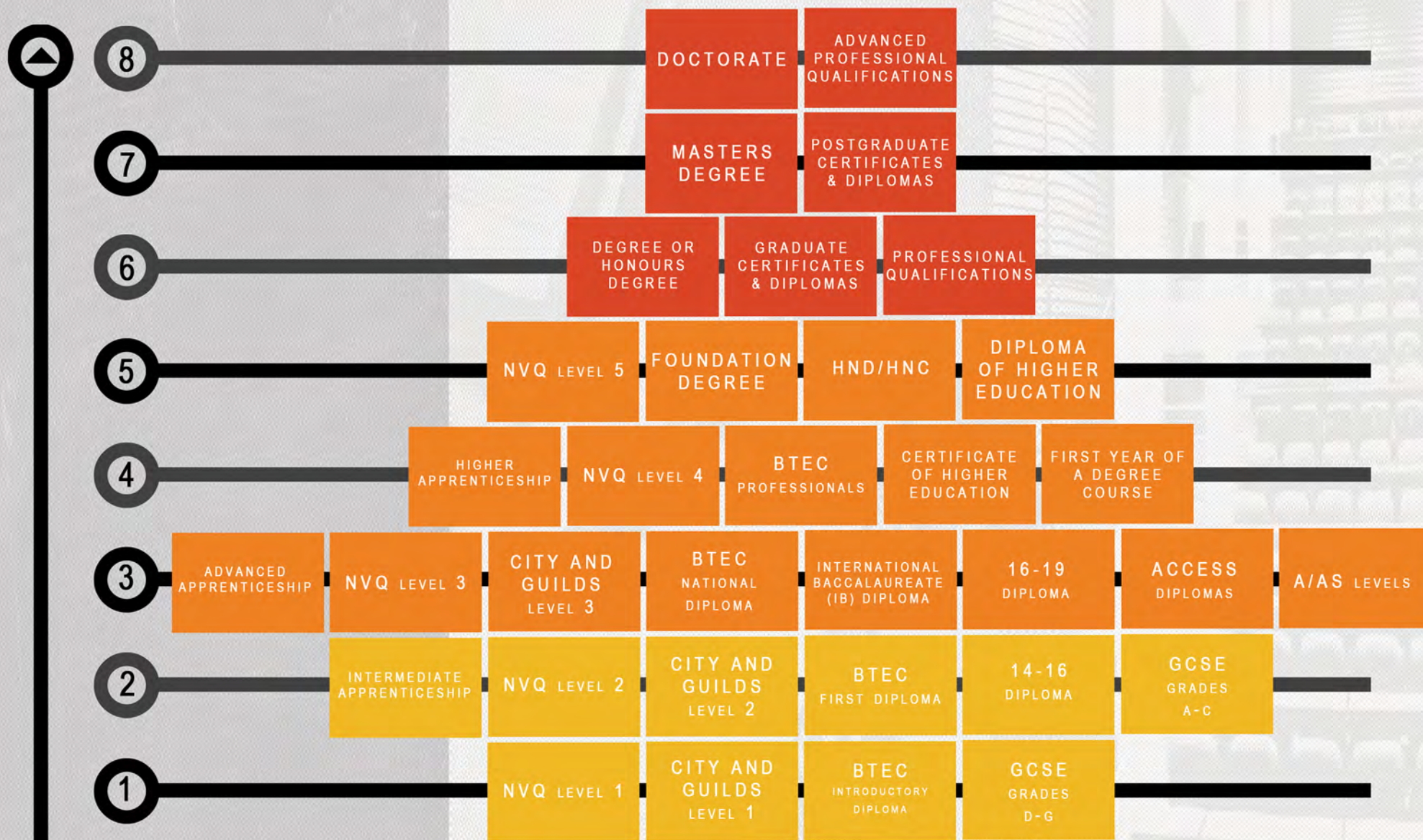
LINKS TO OTHER
PROFESSIONALS
(EXAMPLE: TUTORS)



GROUPS
(EXAMPLE: CiCC
COUNCIL)

EDUCATIONAL LEVELS

QUALIFICATION LEVELS GO UP TO LEVEL 8, THIS TABLE BELOW SHOWS THE DIFFERENT TYPES OF QUALIFICATIONS AND THEIR LEVELS



LINKS IN SUSSEX

BELOW ARE LINKS, CONTACT NUMBERS AND WEBSITES YOU MAY FIND USEFUL.

BRIGHTON

- SOCIAL SERVICES - (01273) 295920 - LINKS TO ALL SERVICES - WWW.BRIGHTON-HOVE.GOV.UK
- 16+ TEAM - (01273) 295400
- BEACH (BRIGHTON EMPLOYABILITY ADVICE & CAREERS HUT) WWW.BRIGHTONANDHOVEJOBS.COM/BEACH
- BRIGHTON AND HOVE JOBS - WWW.BRIGHTONANDHOVEJOBS.COM
- FOSTERING AND ADOPTION BRIGHTON - (01273) 295444 OR WWW.FOSTERINGINBRIGHTONANDHOVE.ORG.UK
- PARTICIPATION TEAM - (01273) 295504
- VIRTUAL SCHOOL FOR CHILDREN IN CARE - (01273) 293992
- YOUTH ADVOCACY PROJECT (YAP) - (01273) 295510 OR WWW.BHYAP.ORG.UK
- YOUTH EMPLOYABILITY SERVICE - (01273) 294247 OR FACEBOOK/YESBRIGHTONHOVE

EAST SUSSEX

- GENERAL ENQUIRIES - 0345 60 80 190 - LINKS TO ALL SERVICES - WWW.EASTSUSSEX.GOV.UK
- VIRTUAL SCHOOL FOR CHILDREN IN CARE - (01323) 464630

WEST SUSSEX

- GENERAL ENQUIRIES - (01243) 777100 - LINKS TO ALL SERVICES - WWW.WESTSUSSEX.GOV.UK
- SCHOOLS AND YOUTH SERVICE - 0845 0751007
- SOCIAL CARE - (01243) 642555
- VIRTUAL SCHOOL FOR CHILDREN IN CARE - (01903) 839200

OTHER

- 16 - 19 BURSARY (FUNDING FOR FURTHER EDUCATION STUDY) - WWW.GOV.UK/1619-BURSARY-FUND
- AIM HIGHER (HIGHER EDUCATION PARTNERSHIPS) - WWW.AIMHIGHER.AC.UK
- APPRENTICESHIPS - WWW.APPRENTICESHIPS.ORG.UK
- BUTTLE (HIGHER AND FURTHER EDUCATION, MARKED UNIVERSITIES AND GRANTS) - WWW.BUTTLEUK.ORG
- EDUCATION AND LEARNING (INFORMATION) - WWW.GOV.UK/BROWSE/EDUCATION
- MY FUTURE SUSSEX (SCHOOLS AND COLLEGES IN SUSSEX) - WWW.MYFUTURESUSSEX.COM
- STUDENT FINANCE ENGLAND (FINANCE FOR HE APPLICATION) - WWW.STUDENTFINANCE.DIRECT.GOV.UK
- UCAS (APPLICATIONS TO HIGHER EDUCATION) - WWW.UCAS.AC.UK
- WHO CARES TRUST - WWW.THEWHOCARESTRUST.ORG.UK

INTERVIEW TIPS

PRACTICE

-HAVE A PRACTICE INTERVIEW WITH SOMEONE YOU KNOW AND SWAP BETWEEN INTERVIEWER AND INTERVIEWEE

DO YOUR RESEARCH

-DO YOUR HOMEWORK ABOUT THE COMPANY AND ROLE - IT SHOWS YOU HAVE AN INTEREST

PREPARATION

-WHAT CAN YOU OFFER?
-WHAT'S YOUR FUTURE CAREER PLAN?
-WHAT'S YOUR SUITABILITY FOR THE JOB?
-KEEP YOUR ANSWERS TO THE POINT (MIN = 1 MINUTE, MAX = 3 MINUTES)
-YOUR STRENGTHS, SKILLS AND WEAKNESSES
-BODY LANGUAGE AND POSTURE (DON'T SLOUCH)
-SPEAK CLEARLY AND CONCISELY

CORRECT CLOTHING

-LOOK SMART AND TIDY, LOOK THE PART

CORRECT DOCUMENTATION

-FROM CV TO LETTER OFFERING THE INTERVIEW

FIRST IMPRESSIONS

-BE 10 MINUTES EARLY

BE POSITIVE

-HAVE A POSITIVE ATTITUDE, IT WILL SHOW

FINALLY...SMILE

REVIEW AND FOLLOW UP

-SEND LETTER OR CALL TO SAY THANK YOU

IF YOU ARE NOT SUCCESSFUL ASK FOR FEEDBACK
THIS WILL HELP YOU FOR NEXT TIME

SAMPLE CV CV IS A WORKING DOCUMENT, KEEP UP TO DATE

NAME:

FULL ADDRESS AND EMAIL - NO JOKEY ONES

PROFILE: - USUALLY A SHORT INTRODUCTION OF YOURSELF
STATING YOUR STRENGTHS - GET THIS RIGHT AND THE
EMPLOYER WILL KEEP READING.

EXPERIENCE: - INCLUDE WORK EXPERIENCE (POSITION
HELD, DUTIES AND DATES: MOST RECENT FIRST) NON PAID
WORK AND VOLUNTARY

EDUCATION: - PLACE OF STUDY, GRADES AND DATES

INTERESTS: - WHAT DO YOU ENJOY IN YOUR SPARE TIME?,
THIS SECTION IS IDEAL TO MAKE YOURSELF STAND OUT. IT MAY
APPLY TO YOUR JOB.

OTHER: - INCLUDE ACHIEVEMENTS AND AWARDS (DUKE OF
EDINBURGH, SCHOOL PREFECT, SPORTS TEAMS ETC)

REFERENCES - 2 REFERENCES, USUALLY AN EDUCATION
BASED REFERENCE (TEACHER/TUTOR) OR A WORK BASED
REFERENCE (BOSS/WORK COLLEAGUE) INCLUDE FULL ADDRESS
AND PHONE NUMBER.

IF YOU HAVE A PORTFOLIO (COLLECTION OF WORK)
YOU MAY WANT TO INCLUDE IT, BUT ONLY IF IT
WILL SUPPORT YOUR JOB APPLICATION

OTHER INFORMATION

PATHWAY PLAN

REMEMBER THE PATHWAY PLAN IS ADDITIONAL SUPPORT FOR THOSE IN CARE BEYOND 16 OR LEAVING CARE, MAKE SURE YOU USE IT AND TAKE ADVANTAGE OF THE RESOURCES IT OFFERS.

WHEN?

- TURNING 16, ONGOING 'TIL 21-25 (REVIEWED REGULARLY)

SHARE THE POP ACTION PLAN (A3 BOARD) WITH THE PATHWAY PLAN

- DO THEY MATCH UP? IF NOT MAKE SURE THEY DO
- IF YOU SHOW A DESIRE FOR FURTHER/HIGHER EDUCATION IT MAKES A BIG DIFFERENCE IN YOUR PATHWAY PLAN.

WHY? (ADVANTAGES)

- INFORMATION
- POINTERS
- PROMPTS
- SUPPORT
- KNOWLEDGE OF YOUR PLANS / DECISIONS

FUNDING

- CAN BE PRE-PLANNED FROM THE START
- ALL FINANCIAL HELP SHOULD BE RECORDED

IF THE POP ACTION PLAN IS NOT LINKED TO THE PATHWAY PLAN IT MAY CAUSE:

- INFORMATION TO BE LOST
- DELAYS WITH FUNDING
- UNDESIRED OUTCOMES
- DELAYS WITH PROGRESSION ONTO A SUITABLE COURSE
- ANY IDENTIFIED LEARNING SUPPORT NEEDS
- THE POP PLAN TO BE IGNORED

WIDENING PARTICIPATION

DESCRIPTION: WIDENING PARTICIPATION IS THE TERM USED TO DESCRIBE THE WORK UNIVERSITIES DO TO ADDRESS THE UNDERREPRESENTATION OF SOME GROUPS IN HIGHER EDUCATION.

AIM / OBJECTIVE: TO TRY AND MAKE UNIVERSITIES MORE REPRESENTATIVE OF SOCIETY AS WHOLE FOR EXAMPLE THERE ARE SOME NEIGHBOURHOODS WHERE VERY FEW PEOPLE GO ON TO UNIVERSITY SO ONE OF OUR AIMS IS TO WORK WITH YOUNG PEOPLE FROM THOSE AREAS.

EXAMPLE OF WIDENING PARTICIPATION: RESIDENTIAL SUMMER SCHOOLS ARE A VERY IMPORTANT ACTIVITY THAT ALLOW PUPILS WHO HAVE NEVER EXPERIENCED UNIVERSITY TO SPEND A FEW DAYS LIVING AS A STUDENT. IF YOU ARE THE FIRST PERSON IN YOUR FAMILY TO GO TO UNIVERSITY IT IS REALLY IMPORTANT TO HAVE THE OPPORTUNITY TO HAVE A TASTE OF WHAT IT IS LIKE TO BE A STUDENT.

IMPORTANCE OF WIDENING PARTICIPATION: UNIVERSITIES WILL BE BETTER PLACES WITH A BROADER CROSS SECTION OF STUDENTS. LOTS OF TALENTED YOUNG PEOPLE ARE MISSING OUT ON THE OPPORTUNITY TO STUDY FURTHER AND THAT IS BAD FOR THE WHOLE OF SOCIETY.

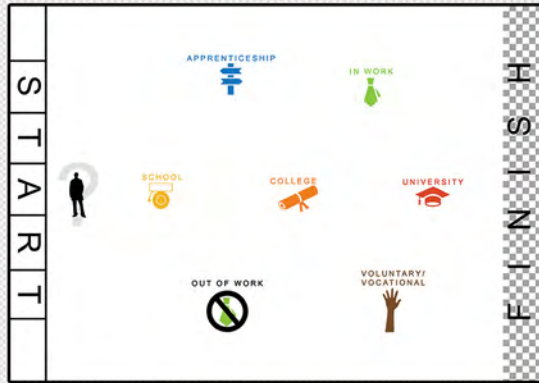
LINKS /WEBSITES: WWW.SUSSEX.AC.UK/STUDY/WP

REMEMBER YOU CAN GET IN CONTACT WITH UNIVERSITY WIDENING PARTICIPATION TEAMS TO SEE WHAT THEY CAN OFFER, EACH WILL BE DIFFERENT. THEY CAN TAYLOR A PROGRAM, TAKE MULTIPLE GROUPS, PROVIDE SUPPORT, RUN ACTIVITIES, DAYS AND MORE.

GET IN CONTACT AND ASK!



THE A3 BOARD (FRONT)



A4 FRONT

WHITE/BLANK SPACE
FOR WRITING OR
DRAWING

IDENTIFY WHAT YOU
DON'T WANT TO DO

DESCRIPTION
AND IMAGE

STARTING POINT

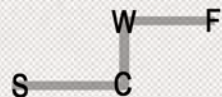
FINISHING
POINT

LEFT TO RIGHT

IDENTIFY
WHAT YOU
WANT TO DO

SEE WHAT YOU HAVE DONE

EXAMPLE: SCHOOL → COLLEGE → WORK



WAS IT A GOOD ROUTE?

IDENTIFY MULTIPLE PATHS

EXAMPLE 1: SCHOOL → COLLEGE → UNIVERSITY

EXAMPLE 2: SCHOOL → COLLEGE → WORK

EXAMPLE 3: SCHOOL → COLLEGE → APPRENTICESHIP

FROM POTENTIAL PATHS, IDEAL PATHS AND DREAM PATHS

THE A3 BOARD (BACK)

ACTION PLAN LEFT TO RIGHT

THE ACTION PLAN

THIS SECTION IS TO BE FILLED OUT
STARTING FROM THE 'I WANT' STATEMENT.

I WANT? What do you want to do / achieve?	WHAT? What needs to happen for you to achieve that?	WHEN? When will this be achieved / time scale?	WHO/HOW? Who will help you and how will they help you?

DATE COMPLETED: _____ ✓
REVIEW DATE: _____ ✓
BY: _____ ✓

A4 BACK

I WANT? What do you want to do / achieve?	WHAT? What needs to happen for you to achieve this?	WHEN? When will this be achieved / time-scale?	WHO/HOW? Who will help you and how will they help you?

I WANT: WHAT DOES THE YOUNG PERSON WANT FOR THEIR FUTURE? (EXAMPLE 'I WANT A COLLEGE EDUCATION' 'I WANT TO BE RICH')

WHAT: WHAT NEEDS TO HAPPEN?, WHAT HELP IS NEEDED? WHAT ELSE? (EXAMPLE: APPLICATION TO COLLEGE, FORM FILLING)

WHEN: WHEN WILL THESE THINGS BE DONE BY?, TIME SCALE? WHEN WILL THEY BE CHECKED? (EXAMPLE: NEXT SEPTEMBER I WANT TO APPLY) IS IT ACHIEVEABLE?

WHO/HOW: WHO DO YOU WANT TO HELP YOU? HOW MUCH CAN YOU DO YOURSELF? HOW MUCH HELP DO YOU NEED? (EXAMPLE: MY SOCIAL WORKER)

INSTRUCTIONS

INCLUDING

- PURPOSE OF BOARD
 - HOW TO USE THE BOARD
 - WHAT YOU NEED TO USE THE BOARD
 - FURTHER - IF YOUR WANT TO PERSONALISE THE BOARD WITH YOUR OWN IMAGES, HOW TO DO IT
 - QUESTIONS AND FEEDBACK INCLUDING AN EMAIL AND PHONE NUMBER
- PLEASE READ THIS BEFORE YOU START**

INSTRUCTIONS.

PURPOSE OF THESE TALKING BOARDS

- The boards are a simple tool to discuss the education/career journey.
- Used to encourage educational/career options, conversation, engagement and ideas.
- Any young person can use this talking board thinking of their future options (age 14+)
- Showing what's available in a simple visual format.
- Use this board with the personal opportunities plan (pop) book, the book in full of useful information.
- Following this discussion an action plan will be drawn up (above).

HOW TO USE

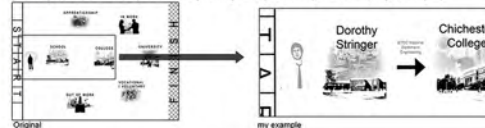
- Can sit down with anybody to plan and gather ideas.
- Direction: the board goes left → right
- No specific route or plan.
- Can be drawn/scribbled over, can be as messy as possible.
- This board should be used with its supporting materials (personal opportunities plan book).

WHAT YOU NEED.

Group of people Place to relax and sit Pen Thoughts POP Book

FURTHER

- If a plan or idea is established email back to Ross Beard (contact details below) so own personal journey can be made up with own journey and pictures (see below, My example)



Any questions, problems or feedback?
Please contact Ross Beard on (01273) 295504 or email on ross.beard@brighton-hove.gov.uk

DATE COMPLETED: _____ ✓
REVIEW DATE: _____ ✓
BY: _____ ✓

EXTRA NOTES

USEFUL CONTACTS TO REMEMBER

16+ Team
Virtual School Team
Youth Employment Service
Youth Advocacy
Your Designated Teacher/Head of year/Tutor
Your Social/Key Worker
Your School/College
Your Carer/Parent

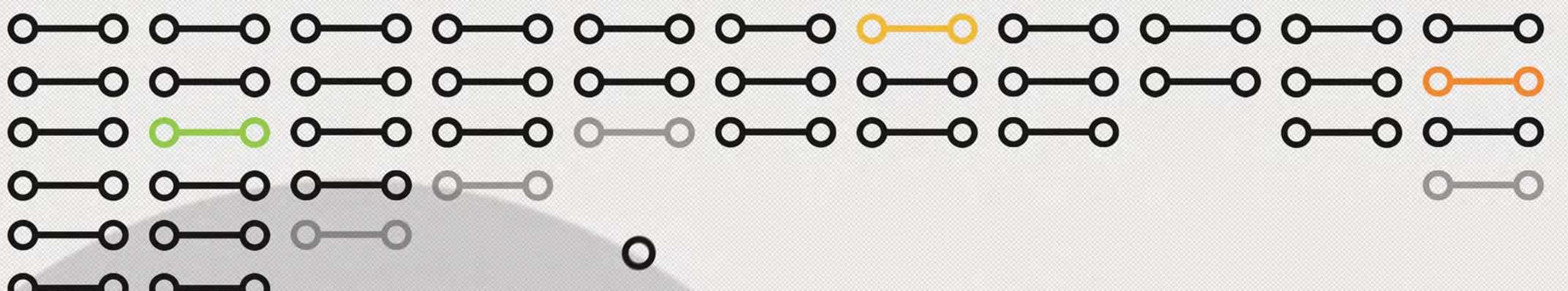
Others: _____

DATE COMPLETED, REVIEW DATE AND COMPLETED BY
VERY IMPORTANT THIS IS DONE,
GOOD FOR TRACKING PROGRESS.

EXTRA NOTES SECTION

USEFUL CONTACTS

A LIST OF CONTACTS THAT MAY BE
USEFUL TO KNOW OR SPEAK TO



"SOMETIMES IT FEELS
LIKE EXAMS ARE OUT OF
THE BLUE AND A TIMELINE
IS USEFUL" (16+ CiCC)

"PAPERWORK BEFORE
WAS BORING" (16+ CiCC)

ACKNOWLEDGEMENTS

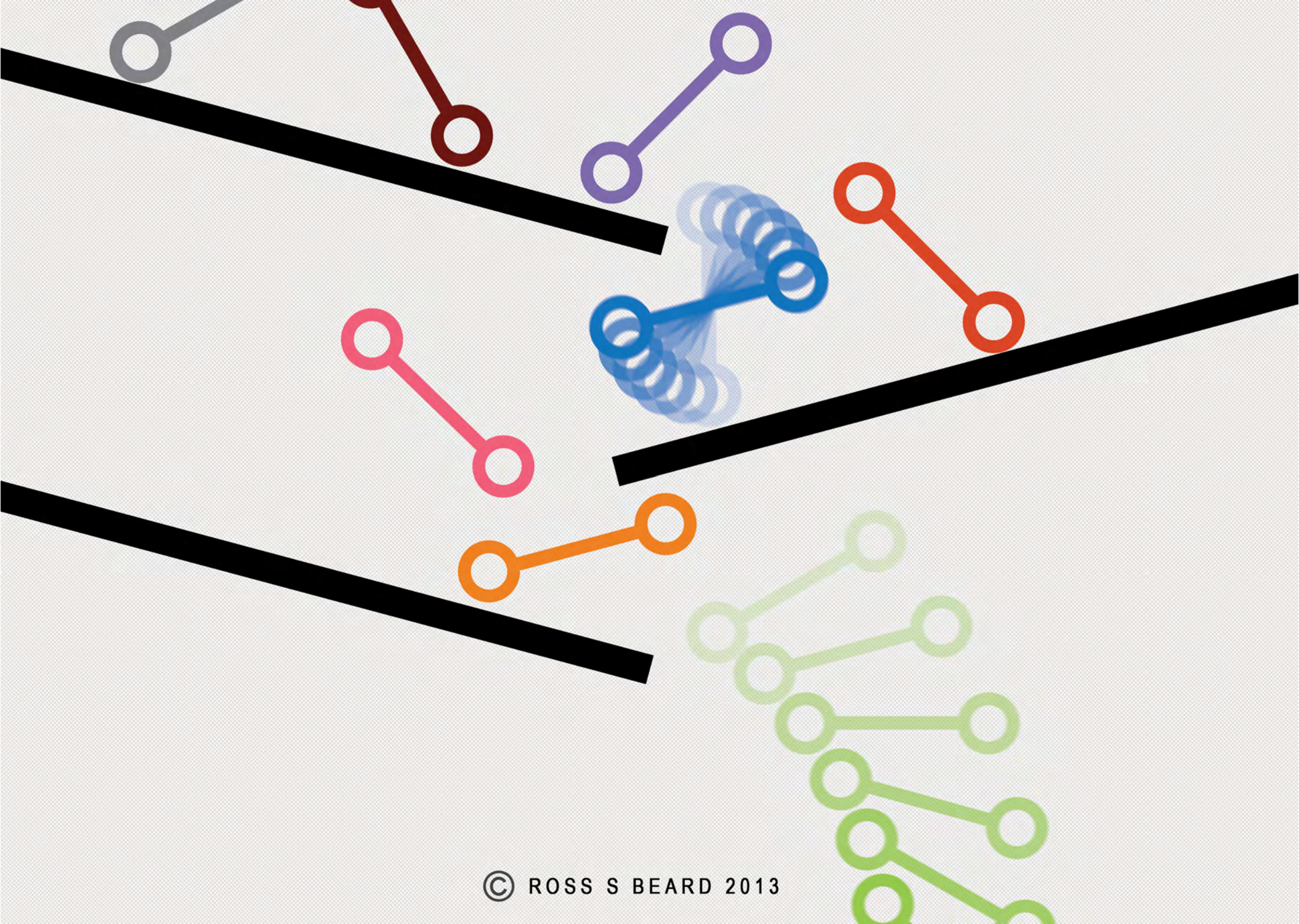
- 14-19 ENGAGEMENT TEAM
- 16+ ADVISORY BOARD (CiCC)
- BRIGHTON AND HOVE 16+ TEAM
- BRIGHTON AND HOVE VIRTUAL SCHOOL TEAM
- EAST SUSSEX VIRTUAL SCHOOL TEAM
- PARTICIPATION TEAM
- POP STEERING AND OPERATIONAL GROUP
- SUSSEX UNIVERSITY WP TEAM

DESIGNED, DEVISED AND
PRODUCED BY ROSS BEARD

-DESIGN - LAUREN TRIM

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THIS INNOVATIVE RESOURCE IS DESIGNED TO ENGAGE AND INFORM YOUNG PEOPLE IN CARE, THEIR PARENTS, CARERS AND OTHER PROFESSIONALS IN THOSE ALL IMPORTANT CONVERSATIONS ABOUT WHAT TO DO AFTER SCHOOL.

THE ENCOURAGING AND INSPIRATIONAL CONTENT, COMBINED WITH A REFRESHINGLY DIRECT STYLE AND INPUT FROM THE TARGET AUDIENCE THEMSELVES MAKES THIS A UNIQUE PUBLICATION.

CREATED BY A DESIGN GRADUATE WHO WENT THROUGH THE CARE SYSTEM HIMSELF, THIS BOOK REALLY TUNES IN TO THE ISSUES YOUNG PEOPLE IN CARE FACE. IT PROVIDES THINGS FOR EVERYONE TO THINK ABOUT, WHATEVER THE DIRECTION THE YOUNG PERSON WANTS TO GO AND LINKS TO PLACES TO GO TO GET MORE INFORMATION AS NECESSARY.

ALL OF THIS IS FRAMED AROUND THE POP – THE PERSONAL OPPORTUNITIES PLAN WHICH IS ALSO INCORPORATED INTO THE BOOK SO WHOEVER IS SUPPORTING THE YOUNG PERSON HAS EVERYTHING THEY NEED IN ONE PLACE TO START THE CONVERSATION ROLLING.

